

Philosophy and approach: My theory and style of counseling is solution focused, shaped by narrative therapy and core value exploration, in order to embolden the individual, couple or family to create the change they envision for themselves.

Formal Education and Training: I hold a master's degree in clinical psychology with an emphasis in marriage and family therapy from Pepperdine University. I trained at the Southern California Counseling Center, counseling individuals with a range of presenting issues such as depression, anxiety and relational problems.

Code of Ethics: As an Associate registered with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. As an associate, I am supervised by Kenny Wolford, who is a licensed marriage and family therapist and professional counselor, which I will be happy to explain.

Fees: My fee is \$110 per individual session and \$130 for a couples or family session.

As a client of an Oregon registered associate, you have the following rights:

- * To expect that a licensee has met the qualifications of training and experience required by state law;
- * To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- * To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- * To report complaints to the Board;
- * To be informed of the cost of professional services before receiving the services;
- * To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- * To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE,
#120, Salem, OR 97302-6312 Telephone: (503) 378-5499
Email: lpct.board@oregon.gov Website: www.oregon.gov/OBLPCT

For additional information about this associate, consult the Board's website.