

Should You Take Adult Mental Health First Aid?

Are you Currently Working in the Health Profession?

Yes

No

Are you part of the general public?

Yes

No

Are you a? Physician, FNP, Psychologist, or EMS

Are you a? Receptionist or other

Are you a? Nurse, Social Worker, or similar

You should take the MHFA Training

Are you a? Firefighter or Police Officer

Yes

Yes

Maybe

Yes

No

You you should NOT take the MHFA Training

You should take the MHFA Training

It depends on the individual. The training will contain information you will be knowledgeable about but may provide you with additional information

You should NOT take this version of MHFA, (There is a specific training offered to Firefighters and Police Officers, but we do not offer that training)

You should take the MHFA Training