


Impacts

A partnership with RKM and Tulane University



Impacts

- Implementation of Multifaceted Patient-Centered Treatment Strategies for Intensive Blood Pressure Control
 - New ACC/AHA hypertension guideline redefines and reclassifies hypertension and sets new BP treatment target
 - Study includes:
 - 36 FQHCs across Louisiana and Mississippi
 - 2 RKM sites included
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Impacts

- Study looking at the patient diagnosis and lifestyle as it relates to blood pressure
 - Teaching the patient about high blood pressure
 - Identifying barriers, discussing barriers, developing patient involved solutions
 - Teaching and Promoting health habits
 - Teaching and Promoting healthy foods



Impacts

- Team
 - Impacts Enrollment Coordinator site
 - Conducts intake interviews for the study
 - Health coach at each location
 - Conducts scheduled sessions
 - Provider at each site assigned to the program
 - Monitors patients



Impacts

- At the end of 2018
 - 191 participants across the 36 participating clinics
 - conducted over 230 health coach or provider visits for the IMPACTS participants
 - we are well on our way to being able to answer questions about how we can best support our patients to achieve better health.



Questions

