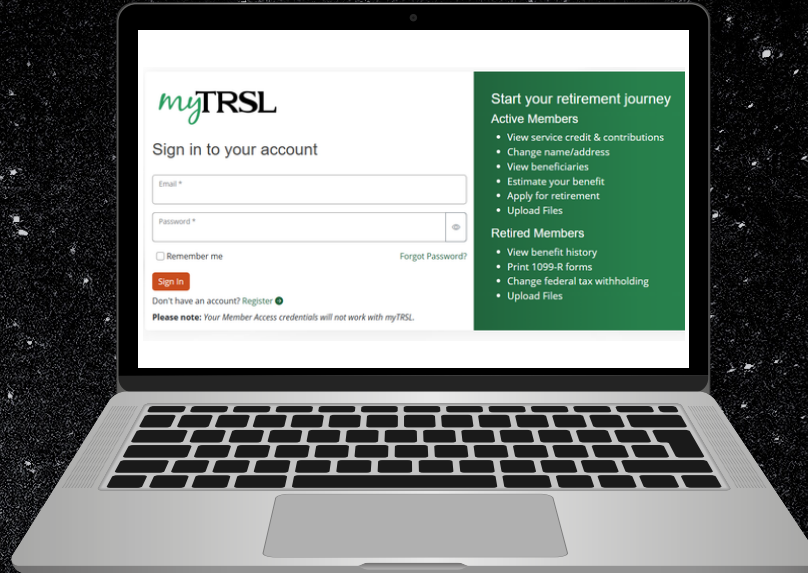




INTRODUCING **myTRSL.ORG**



1 Go online to
mytrsl.org

2 Click the **“Register”** button from this log-in screen.

3 Complete all fields on the registration page. Then click **“Register.”**

4 You'll receive an automatic registration email.

5

Once opened click “Link to email address verification.”

Verify email

NR no-reply@trsl.org
To

Someone has created a myTRSL account with this email address. If this was you, click the link below to verify your email address.

[Link to e-mail address verification](#)

This link will expire within 5 minutes.

If you didn't create this account, please email helodesk@trsl.org or call 225-925-6460 for further assistance.

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Explore all that you can do on myTRSL.

myTRSL

HI, JANE!
Welcome back!

DOE JANE LN
311 ABC LN
NAPOLÉONVILLE, LA 70390-8656

[Update Personal Information](#)

TRSL Summary

Service Credit:	24.50*	24.50*
	Benefit Computation	Eligibility
Total Member Contributions:	\$131,955	
	As of 6/30/2025	

Retirement Benefit Beneficiaries:
(DOE SPOUSE (SPOUSE))

[Update](#)

Projected Retirement Eligibility and Benefit Estimate [View Details](#)

Scenario	Fiscal Year of Eligibility	Age	Maximum Monthly Benefit Amount
Early Retirement	Currently Eligible	49	\$3,172.00
Regular Retirement/DRDP	2030 - 2031	54	\$4,056.00

These estimates are based on information as reported by your employer(s) as of 6/30/2025, and assume continuous TRSL-covered, full-time employment.

Quick Links

- [Get a Benefit Estimate](#)
- [View Member Statement](#)
- [Apply for Retirement](#)
- [Ask a Question](#)

You're secure, lifetime benefit

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Questions? [View our Actives FAQ list here!](#) [Need Technical Assistance?](#) Email our [helodesk](mailto:helodesk@trsl.org) or Call 225-925-6460

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Verify your personal information to complete set up. Then click “Submit.” There is a drop down search function to verify your employer.

***Note:** Retirees receiving a benefit will have an additional security step.

myTRSL

Verify Employment

Fields marked with an * are required

SSN * [REDACTED]

Date of Birth * 07/25/1948

Last Name * Smith

My First TRSL Employer * TEACHERS RETIREMENT SYSTEM OF LA

[Submit](#)

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Questions? [View our Actives FAQ list here!](#) [Need Technical Assistance?](#) Email our [helodesk](mailto:helodesk@trsl.org) or Call 225-925-6460

Please Note:
For future logins, you will use a multi-factor authentication (MFA) code. The MFA code will be emailed to you.

myTRSL

