



MBS Sunday Message – February 22, 2026



From the Principal's Desk

This May will mark the third anniversary of the adoption of our family's beloved, furry, four-legged friend, Poppy. My husband and I made a trip to Companion Animal Alliance to adopt a small puppy and came home with a scared, emaciated, 55-pound, two-year-old giant instead.

It did not take long for Poppy to get comfortable in our safe and loving home. She was fed twice a day, taken to obedience classes, walked daily, and treated to a lively game of fetch every afternoon. Slowly but surely, she began to flourish. Today Poppy weighs 67 pounds and is very much a creature of habit. She still loves her walks and her daily game of fetch, and she never misses a mealtime. She has also become quite the lap dog, jumping into my lap the minute I sit down on the couch. When she's not curled up with me, she is right by my side.

This week, as I was reflecting on Lent, I found myself thinking about our Poppy—a creature of habit. When we follow our daily routine—taking time for her walks and games of fetch, brushing her, feeding her—she thrives. She is calm. She is joyful. She is secure. But on days when life gets busy and her routine is delayed, she notices. She waits by the door at walk time. She brings her ball and drops it at our feet. She reminds us, in her own gentle way (and maybe not so gentle way), that she depends on the consistency of our care.

And it struck me: aren't we the same?

Our souls are creatures of habit, too. When we consistently make time for prayer, when we reflect upon Scripture, when we sit quietly with Jesus, we thrive. We are calmer more patient, more secure. But when we skip those moments—when busyness crowds out prayer—we begin

to feel restless, distracted, and spiritually hungry. Just as Poppy depends on us for her daily nourishment and exercise, we depend on Jesus for ours.

Lent gently invites us to examine our routines. Have we built our days around what truly sustains us? We would never intentionally forget to feed Poppy. We would not decide she can skip her walks for weeks at a time. We know she needs those routines to be healthy. Yet how often do we treat our spiritual life as optional—something we will get to if there is time left over?

Time with Jesus does not happen by accident. It happens with intention. It may be a few quiet minutes in the morning before the house wakes up. It may be a whispered prayer in the car. It may be reading a short passage of Scripture before bed. Like Poppy's walks and meals, these moments do not have to be elaborate. They simply need to be consistent.

Over the past three years, Poppy has learned to trust us because we have shown up for her every single day. In the same way, when we show up daily in prayer, we grow in trust and closeness with Jesus. We learn to rest at His feet just as faithfully as Poppy jumps into my lap, because Jesus shows up for us, every single day.

This Lent, perhaps the lesson from our four-legged friend is simple: what we consistently make time for will shape us. May we be as faithful in our time with Jesus as we are in caring for the ones we love. And may our daily habits draw us closer to the One who feeds, walks beside, and lovingly stays right by our side.

In Christ,
Mrs. Cheri Gioe

Kindness 101 Generosity - Man gives boy a piano to foster his talent
<https://youtu.be/chL-Z3u3liA>

Discussion Questions:

- In the video, Jude starts volunteering to play the piano at the hospital after he was inspired by the gift of the piano. How do acts of generosity inspire more kindness and create a chain reaction?
- How do you know if someone is being generous?
- What motivates someone to be generous?
- When is showing generosity a challenge?
- Does generosity always have to come in the form of a grand gesture, like buying someone a piano? Why or why not?

Pelican Express Newsletter Link – [February 12, 2026](#) – Visit the Pelican Express for upcoming events and information.

Announcements

- Tomorrow Jaxon Fontenot will be Principal for the Day. Principal Jaxon has given everyone a pajama day tomorrow, Monday, February 23. Please make sure the students wear modest pajamas with athletic shoes to school tomorrow. Thank you Principal Jaxon!
- Men's Club Lenten Dinners - Fridays - February 27 - March 27 - Dine-in or To-Go available in Holy Family Hall from 5pm - 7pm - Menu: Fried Fish and Fried Shrimp Dinners (\$12) and Crawfish Pies (\$4)
 - Weekly Entree Choices
 - February 27 - Shrimp and Corn Soup
 - March 6 - Crawfish Casserole
 - March 13 - Shrimp Stew
 - March 20 - Shrimp Pasta
- Any school activities/clubs must be approved by Mrs. Gioe every year. The activities/clubs should be advertised through the school to all eligible students and if funds are required, they must be collected by the school through FACTS.

Save the Date

- MBS Gala - February 28 - Country Club of Louisiana
- Women's ACTS Retreat - March 5-8
- Pelican Classic Golf Tournament - March 16 - [Registration Link is live](#)
- MBS Mother/Son Event - March 27 - 6-9pm
- Men's ACTS Retreat - April 9
- MBS Fair - October 23-25, 2026