



MBS Sunday Message – March 1, 2026



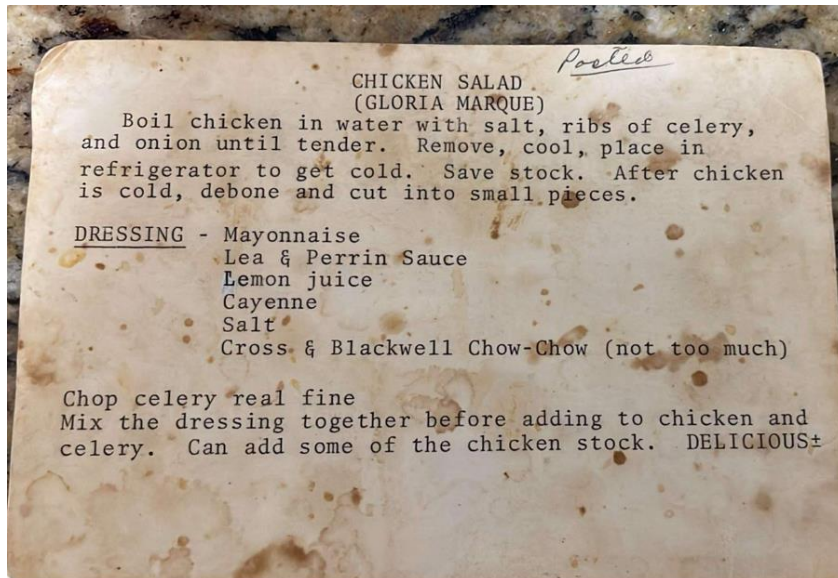
From the Principal's Desk

Over the Mardi Gras break I received a text from my aunt asking if I had my grandmother's (her mother's) cherished recipe for chicken salad. When she asked, it sparked a memory of my Daddy talking about the thousands of chicken salad sandwiches my grandmother made in her lifetime, as a caterer and as a volunteer, raising money for St. John Catholic School in Plaquemine.

Having received several of my grandmother's cookbooks after she passed away, I spent some time – a lot of time looking for that cherished recipe. First, I checked the cookbook indexes and then I checked the cookbooks themselves because my grandmother had a habit of handwriting recipes and putting them in between the pages of cookbooks. I had no luck in finding the recipe.

Next, I sent a message in our family group to my other aunts and uncles and cousins, and my siblings to see if they had the recipe...no one had it.

Finally, grasping at straws, I posted a message in a Facebook Group dedicated to the town my grandmother lived in. What happened next was truly remarkable. I received message after message from people reminiscing about my grandmother's chicken salad recipe, commenting on how good of a cook she was, and reliving the story of the thousands of chicken salad sandwiches she made to raise money for St. John Catholic School in Plaquemine. Then the most extraordinary thing of all happened, someone posted a picture of a postcard with a typed copy of my grandmother's chicken salad recipe – Gloria Marque's Chicken Salad. By the looks of the note card, it must have been a well-loved recipe in that person's household.



Receiving that message was more than just finding a recipe. It was a reminder of how one person's life can ripple across a community for generations. My grandmother likely never counted the time she gave. She simply showed up and served. Yet decades later, people still remember not just the taste of her chicken salad, but the generosity behind it.

For 47 years, that same spirit has lived at MBS. Thousands of people have quietly shaped this school. Parents have chaired events, worked booths, coached teams, planned fundraisers, supported teachers, and stepped in wherever there was a need. Grandparents have volunteered. Alumni have returned to give back. Like my grandmother in her kitchen, they may not have counted the hours, but the impact is unmistakable.

Because of that generosity, MBS is more than a school. It is a family. It is a place where traditions are passed down, where stories are shared across generations, and where people give not because they have to, but because they belong. Just as those thousands of chicken salad sandwiches strengthened a small school community in Plaquemine, the countless hours poured into MBS over the last 47 years have built something lasting — something rooted in love, sacrifice, and a deep commitment to one another.

And like that cherished recipe, it is a legacy worth preserving and passing on.

In Christ,

Mrs. Cheri Gioe

Kindness 101 Comfort – A Lesson In Comfort

<https://youtu.be/nPopapYHv8o>

Discussion Questions:

- Reflect on Mackenzie's attachment to her stuffed animal, Raffie. What impact did this comfort item have on her?
- What takeaways do you have from the video?
- Why do you think we crave comfort?
- How do sources of comfort aid in coping with challenging situations?
- How can we extend comfort to the people we care about?

Pelican Express Newsletter Link – [February 26, 2026](#) – Visit the Pelican Express for upcoming events and information.

Announcements

- If you get a chance, log in to the MBS Church FB Page to view a weekly reflection featuring Father Todd and George Branigan - [Three Pillars of Lent](#)
- Men's Club Lenten Dinners - Fridays - February 27 - March 27 - Dine-in or To-Go available in Holy Family Hall from 5pm - 7pm - Menu: Fried Fish and Fried Shrimp Dinners (\$12) and Crawfish Pies (\$4)
 - Weekly Entree Choices
 - March 6 - Crawfish Casserole
 - March 13 - Shrimp Stew
 - March 20 - Shrimp Pasta
 - March 27 – Crawfish Etouffee
- Any school activities/clubs must be approved by Mrs. Gioe every year. The activities/clubs should be advertised through the school to all eligible students and if funds are required, they must be collected by the school through FACTS.

Save the Date

- Women's ACTS Retreat - March 5-8
- Pelican Classic Golf Tournament - March 16 - [Registration Link is live](#)
- MBS Mother/Son Event - March 27 - 6-9pm
- Men's ACTS Retreat - April 9
- MBS Fair - October 23-25, 2026