



MBS Sunday Message – March 29, 2026



From the Principal's Desk

Several years ago, I began watching a BBC Series *Call the Midwife*, never realizing how deeply it would stay with me. Season after season (now in its fifteenth), the story unfolds in the city of Poplar and Nonnatus House, where nursing nuns and lay midwives live and work together, serving the poor in London's East End. What first drew me in was this unique community were women bound not by blood, but by a shared calling to care for others. I was even surprised to learn that not all nuns are Catholic, yet their lives still reflected a deep, faith-filled commitment to service. As each episode ends, one of the elderly nuns offers a gentle reflection on love—words that are simple, yet profound. She speaks of God's love and reminds us that we are called to reflect that love in how we treat others. These moments linger and impart such meaningful messages.

The heart of the show lies in the work itself. Set in the 1950s and 60s (and now 70's), the midwives care for families facing extreme poverty, illness, and uncertainty. They enter filthy homes and care for families without necessities, stand beside women in the most vulnerable moments of childbirth and marriage, and offer compassion where there is often little hope. Despite the hardships, abuse, disease, loss, poverty, and social change the nuns and midwives bring dignity and care to every person they encounter.

I couldn't help but think that the premise of *Call the Midwife* connects so clearly to Catholic social teachings, especially the call to love others. The midwives and nuns embody the principle of the **dignity of the human person**, treating each patient as a person worthy of respect and care. Their work reflects compassion and inclusion, as they

serve those most in need. Most of all, they live out Christ's commandment to "love your neighbor as yourself." Their love is real, sacrificial, and present in the smallest acts of kindness: holding a hand, offering reassurance, or simply showing up.

Watching *Call the Midwife* has become more than just a television show, it has become a reminder that love is not just something we feel, but something we do. I challenge you to watch just one episode, you'll be glad you did.

Kindness 101 Generosity – Boy turns found fortune into an act of kindness - <https://youtu.be/xeKVmAxxEso>

Discussion Questions:

- How did Myles initially react to finding \$20?
- How would you react to finding \$20?
- What made Myles change his mind about how to use the money?
- How do you think the man in uniform felt when Myles gave him the \$20?
- What can we learn from Myles' act of generosity?

Pelican Express Newsletter Link - March 26, 2026 - Visit the Pelican Express for upcoming events and information.

Announcements

- Fun Run proceeds will go towards bleachers and sound reducing panels for HFH (this project will be jointly funded with Fun Run proceeds and Church support).
- The MBS Home and School Association is looking for volunteers for the Executive Board – Secretary - Elect and President - Elect
- The school supply link is live for the 2026-2027 school year - <https://1stdayschoolsupplies.com/gs/44561>, Please let families know. The bulk items ordered will not show up on these lists, for example paper towels, wipes, etc.
- School Dates - 2026-2027
 - August 2 - 6 - Teacher In-service Days
 - August 7 - First Day of School - Staggered Start Day One
 - August 10 - First Day of School - Staggered Start Day Two
 - August 10-11 - PK/K Parent Meetings with their Student
 - August 12-13 - PK/K Staggered Start
 - August 14 - All PK/K students attend
 - September 7 - Labor Day
 - November 23-27 - Thanksgiving Break

- o December 21-January 4 - Christmas Break
- o January 18 - MLK Observance
- o February 8-12 - Mardi Gras Break
- o March 26-April 2 - Easter Break May 19 -
- o Last Day of School/Report Card Day

Save the Date

- MBS Fair - October 23-25, 2026