



# Guide for Retirees

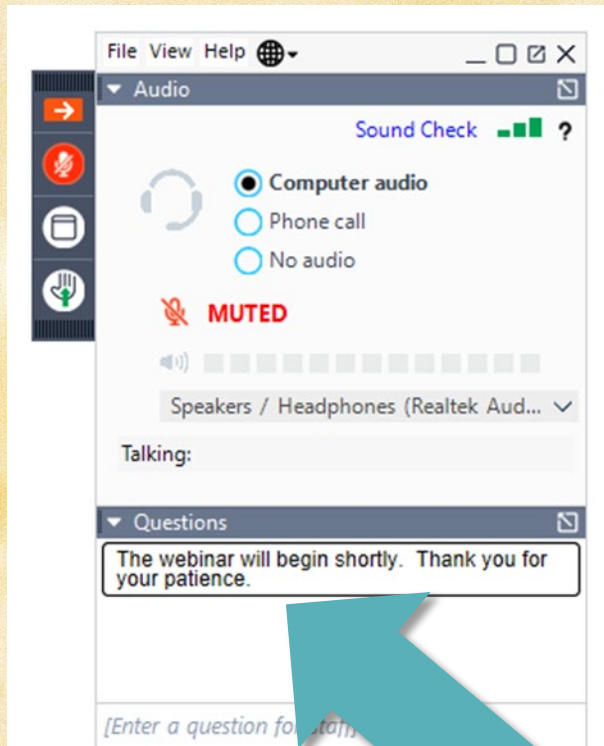
Member Webinar

# Friendly reminders

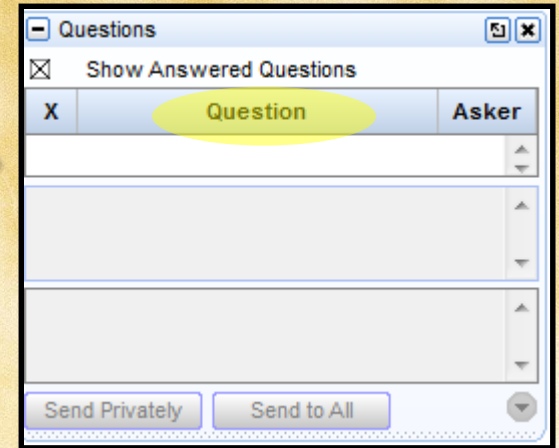
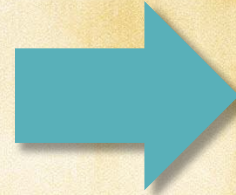
- This presentation contains general information.
- It is meant to be used as a guide during the webinar.
- All participants are muted during the webinar.
- **Have a question?**
  - » Type your question in the Questions area. The moderator will see it and respond.
  - » There will be a question-and-answer period at the end of the webinar.
- Please maximize your screen size to have full use of the webinar's features.



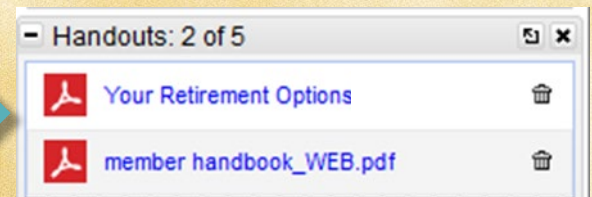
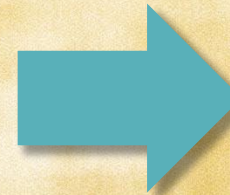
# Go To Webinar features



Type your question here.



Download handout here.



# Agenda

- When are my benefits posted?
- How do I update my direct deposit information?
- How do I access my tax form 1099-R?
- Will my retirement benefit increase?
- Can I return to work after retirement?
- What is the DROP interest rate?
- What can I view/update on Member Access?
- How do I create a Member Access account?
- What else do I need to know?



# When are my benefits posted?

- **For regular retirement benefits** – TRSL makes regular retirement benefits available for deposit directly into your account on the **1st** of each month
- **For DROP/ILSB withdrawals** – Monthly withdrawals from TRSL are made available for deposit directly into your account on the **15th** of each month

***NOTE:** When the 1st (or 15th for DROP/ILSB) of the month falls on a weekend or a holiday, some financial organizations post the direct deposit to your account the next business day. Please contact your financial organization for any questions regarding the posting of your payment.*



# How do I update my direct deposit?

- For regular retirement benefits
  - » Submit to TRSL a *Direct Deposit of Benefits (Form 15D)*
  - » Direct deposit forms received by the 15th of the month will be processed, and the next month's benefit will be sent electronically to your new financial institution.

**TRSL** Teachers' Retirement System of Louisiana  
**Direct Deposit of Benefits (Form 15D)** 10-15D rev. 1/2020

HOW TO SUBMIT:	DRDP OFF or MAIL IN	EMAIL	FAX	Form may not be altered.
	8401 United Plaza Blvd, Ste 300 Baton Rouge LA 70809	web.master@trsl.org	(225) 925-4779	

**Section 1 - Beneficiary information**

Name (last, first, M. initials, II, etc.): \_\_\_\_\_  
 Your Social Security number (SSN) (999-99-9999): \_\_\_\_\_

Lifetime telephone number and code: \_\_\_\_\_  
 Mailing address: \_\_\_\_\_  
 City, state, zip: \_\_\_\_\_  
 Email address: \_\_\_\_\_

Check here if address change

**Please check one:**

This is a new direct deposit setup or a change to a new bank. (Section 3 required)

This is a change of my account number with the same bank. (Section 3 - financial officer signature not required)

If you are receiving multiple benefit payments, check **ONE** only (no selection indicates change will be applied to all accounts):

Change applies to **ALL** benefit payments.

Change applies to **NTRSF** benefit payments only.

Change applies to **SURVIVOR/BENEFICIARY** payments only.

I authorize and request Teachers' Retirement System of Louisiana (TRSL) to direct the net amount of my monthly benefit payment for crediting to my account at the financial organization designated below. This authorization is not an assignment of my right to receive payment and revokes all other payment directions applicable to these payments. This authorization will remain in effect until canceled by written notice from me to TRSL.

My signature authorizes TRSL to initiate electronic funds transfer debit transactions to retrieve payments sent, but not due, in the event that my death has occurred or if I become employed in the field of education, public or private, while receiving disability benefits, or if I am no longer a full-time student.

I further authorize the financial organization designated below to release to TRSL, upon request, any and all information regarding my bank account designated below.

Recipient's signature (DO NOT PRINT OR TYPE) \_\_\_\_\_ Date signed (mm/dd/yyyy) \_\_\_\_\_

**Section 2 - Information about joint signer (if applicable) ONLY FOR NON-SPOUSAL JOINT SIGNER**

Name (last, first, M. initials, II, etc.): \_\_\_\_\_ Your Social Security number (999-99-9999) \_\_\_\_\_

Telephone (include area code) \_\_\_\_\_ Relationship to recipient \_\_\_\_\_

Mailing address \_\_\_\_\_ City, state, zip \_\_\_\_\_

**NOTE:** For additional joint signers, complete TRSL's Addendum to Direct Deposit of Benefits - Nonspousal Joint Signer(s) (Form 15D).

**Section 3 - Financial institution agreement**

Name of financial institution \_\_\_\_\_ ACH routing number \_\_\_\_\_

Address (street, P.O. box) \_\_\_\_\_ Bank account number  Checking  Savings \_\_\_\_\_

City, state, zip \_\_\_\_\_

In consideration of electronic payments made by the Teachers' Retirement System of Louisiana (TRSL) in accordance with the above request, we hereby agree to repay, at the time of demand, the amount of any funds on deposit in the recipient's account that are due to TRSL as a result of the recipient's death, subject to disposition required by law and banking guidelines.

We further agree to accept as sufficient evidence TRSL's certification of the payee's date of death. In the event that we learn of the payee's death before TRSL, we agree to notify TRSL of the death and return any payments received after the death to the extent that funds are available.

Dated at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

Signature of bank official\* (DO NOT PRINT OR TYPE) \_\_\_\_\_ Name of bank official (last or first) \_\_\_\_\_

Title of bank official \_\_\_\_\_ Telephone (include area code) \_\_\_\_\_

\*Bank internet capabilities signatures are not acceptable.

PO Box 94123 • Baton Rouge, LA 70804-9123 • 1-877-ASK-TRSL (1-877-275-8775) • www.TRSL.org • web.master@trsl.org

# How do I update my direct deposit?

**TRSL** Teachers Retirement System of Louisiana **Direct Deposit of DROP or ILSB Account Withdrawals (Form 11R)** 05-11R  
rev 11/02

HOW TO SUBMIT:	DROP OFF or MAIL IN	EMAIL	FAX
	8401 United Plaza Blvd, Ste 300 Baton Rouge LA 70809	web.master@trsl.org	(225) 925-4779

**FORM CANNOT BE ALTERED**

Direct deposit payment stubs are mailed when one of the following occurs: 1) when direct deposit is set up, 2) when there's a change in net pay, or 3) at the end of the calendar year. You can view and print your pay stubs anytime through TRSL's secure Member Access. Register or log in at [www.trsl.org](http://www.trsl.org).

**Section 1 - Beneficiary recipient information**

Name: Last, first, MI, suffix (jr., II, etc.)  Check here if address change Social Security number (###-##-####)

Home telephone (include area code) Cell telephone (include area code) Please check one:

Mailing address City, state, zip  This is a new direct deposit set-up or a change to a new bank.

Email address  This is a change of my account number with my same bank. (Section 2 - Financial officer signature not required.)

I request and authorize the Teachers' Retirement System of Louisiana (TRSL) to direct the net amount of my Deferred Retirement Option Plan (DROP) or Initial Lump-Sum Benefit (ILSB) withdrawal to my account at the financial institution designated below. This authorization revokes all prior deposit instructions applicable to these payments and will remain in effect until canceled by written notice from me to TRSL. This is not an assignment of my rights to receive payment. I authorize TRSL, in the event of my death, to release by electronic funds transfer (EFT) debit transactions any payments sent, but not due. I further authorize the financial institution designated below to release to TRSL, upon request, any and all information regarding my bank account designated below.

Recipient's signature (DO NOT PRINT OR TYPE) Date signed (mm/dd/yyyy)

**Section 2 - Information about joint signer (if applicable)**

Name: Last, first, MI, suffix (jr., II, etc.) Social Security number (###-##-####)

Relationship to recipient Telephone (include area code)

Street address City, state, zip

NOTE: For additional joint signers, complete Addendum to Direct Deposit of Benefits—Nonpositional Joint Signer(s) (Form T12).

**Section 3 - Financial Institution agreement** **Account Information**

Name of financial institution ACH routing number

Address: Street/APD box Bank account number  Checking  Savings

City, state, zip

In consideration of electronic payments made by the Teachers' Retirement System of Louisiana (TRSL) in accordance with the above request, we hereby agree to repay, at the time of demand, the amount of any funds on deposit in the recipient's account that are due to TRSL as a result of the recipient's death, subject to disposition required by law and banking guidelines. We further agree to accept as sufficient evidence TRSL's certification of the payee's date of death. In the event that we learn of the payee's death before TRSL, we agree to notify TRSL of the death and return any payments received after the death to the extent that funds are available.

Dated at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_

Signature of financial officer (DO NOT PRINT OR TYPE) Name/Title of financial officer (Print or type) Telephone (include area code) Toll free number

PO Box 94123 • Baton Rouge, LA 70804-9123 • 1-877-ASK-TRSL (1-877-275-8775) • [www.trsl.org](http://www.trsl.org) • [web.master@trsl.org](mailto:web.master@trsl.org)

- For DROP/ILSB account withdrawals
  - » Submit to TRSL a *Direct Deposit of DROP or ILSB Account Withdrawals (Form 11R)*
  - » DROP/ILSB Direct deposit forms received by the last day of the previous month will be processed for the current month.

# How do I access my tax form 1099-R?

- Every year at the end of January, your 1099-R will be mailed to the address we have on file for you.
  - » If you have not received it by February 15, or if you have questions, please contact TRSL.
- You can also access your 1099-R electronically via Member Access.
  - » You can view and print the year(s) you need to access.

Form 1099-R		CORRECTED (if checked)	OMB No. 1545-0119
1 Gross distribution \$	2a Taxable amount \$	Distributions From Pensions, Annuities, Retirement or Profit-Sharing Plans, IRAs, Insurance Contracts, etc.	
2b Taxable amount not determined	Total distribution	FATCA filer's required	
PAYER'S name, street address, city or town, state or province, county, and ZIP or foreign postal code			
PAYER'S federal identification number		RECIPIENT'S identification number	
3 Capital gain (included in box 2a) \$	4 Federal income tax withheld \$	5 Employee contributions (Designated Roth contributions or insurance premiums) \$	
6 Net unrealized appreciation in employer's securities \$	7 Distribution code(s)	8 Other \$	9
6a Your percentage of total distribution %	9b Total employee contributions \$		
RECIPIENT'S name, street address (including apt. no.), city or town, state or province, county, and ZIP or foreign postal code			
Amount number (see instructions)	11 12 year of any Roth conversion	10 Annual election to RR after 5-year \$	
13 State tax withheld \$	13 State/Payer's state no.	14 State distribution \$	
15 Local tax withheld \$	16 Name of locality	17 Local distribution \$	
<b>Copy C For Recipient's Records</b> This information is being furnished to the Internal Revenue Service. (keep for your records)			
Department of the Treasury Internal Revenue Service			



# Do I have an amount in Box 5?

**YES**

This is the tax-free amount of the retirement benefit you received during the calendar year. It is not the amount of your insurance premium.

The amount is the difference between the Gross distribution in Box 1 and the Taxable amount in Box 2a. The tax-free amount includes a portion of the retirement contributions you paid that were already taxed. Because you already paid taxes on the amount in Box 5, you don't have to pay them again.

**NO**

This means that you no longer have any tax-free contributions.

Some disability retirees won't have an amount in Box 5 because they aren't eligible to recover their tax-free contributions until they would normally be able to retire.

# Will my retirement benefit increase?

- Several factors determine if a COLA, now called a permanent benefit increase (PBI), can be given.
- The TRSL Board was recently advised that sufficient funds were deposited in the experience account to pay a 2% COLA on July 1. As a result, in the 2022 legislative session, we do anticipate lawmakers will consider granting a 2% COLA for eligible TRSL retirees.
- For more information about PBIs, please visit the “Will my benefit increase?” section of our website under “Retirees” at [www.TRSL.org](http://www.TRSL.org).



# Can I return to work after retirement?

- If you are rehired in a position eligible for TRSL membership, the laws do specify what will happen to your TRSL retirement benefits and whether TRSL contributions are due.
  - » TRSL return-to-work laws apply to retirees who become re-employed in a position eligible for TRSL membership, including retirees employed by contract or corporate contract.
- If you are rehired in a position not eligible for TRSL membership, you are not subject to any TRSL return-to-work laws.
  - » TRSL return-to-work laws do not apply if you become employed in a position not eligible for TRSL membership.

**Email your Return to Work questions to:  
[web.master@TRSL.org](mailto:web.master@TRSL.org)**

# What is the DROP interest rate?

- Once you complete DROP, your DROP account is eligible to earn interest.
- DROP accounts earn interest based upon when the member was eligible to participate in DROP:

Fiscal year end	DROP interest rate for members eligible on or after 1/1/04
2021	0.0000%
2020	1.0797%
2019	1.8940%
2018	0.9538%

**More information on  
DROP interest rates  
is available at  
[www.TRSL.org](http://www.TRSL.org)**

# Tax liabilities



Subject to  
LA STATE  
income tax?

Subject to  
FEDERAL  
income tax?

Regular monthly  
retirement benefit

NO\*

YES

**DROP** withdrawals  
*paid directly by TRSL*

NO\*

YES

**\*LA state tax exemption is not automatic. You must claim the exemption when you file your LA taxes:**

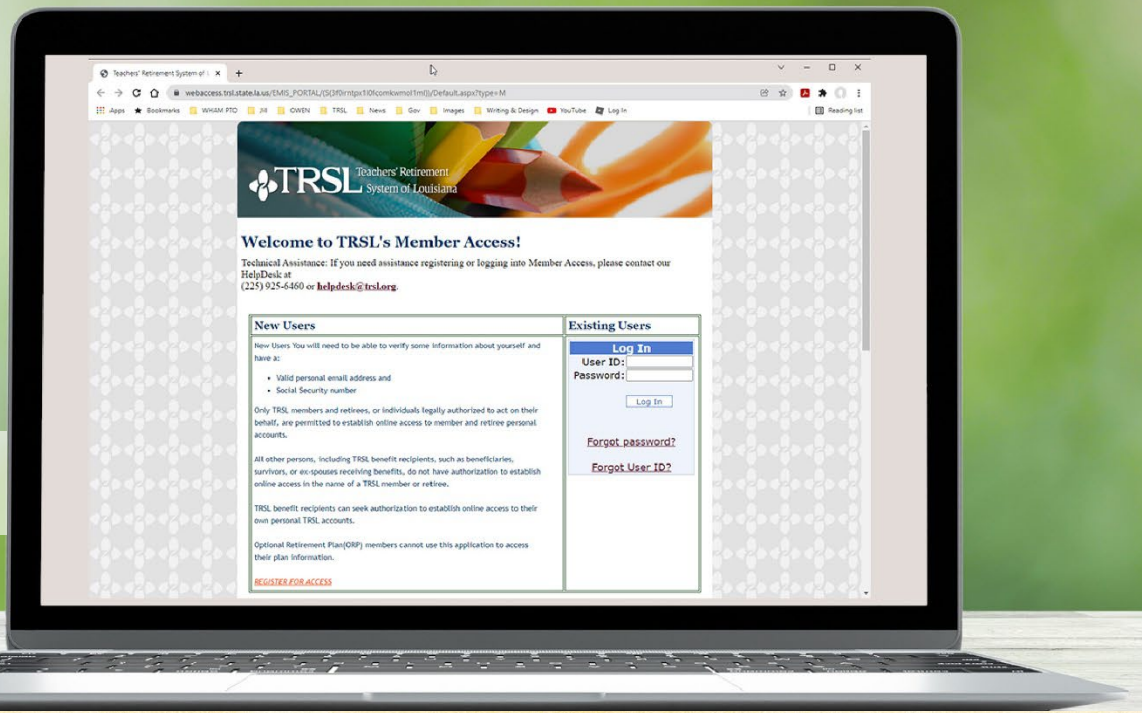
**SCHEDULE E – 2021 ADJUSTMENTS TO INCOME**

Louisiana State Teachers' Retirement Benefits		03E
Taxpayer date retired: MM/YYYYYY	Spouse date retired: MM/YYYYYY	



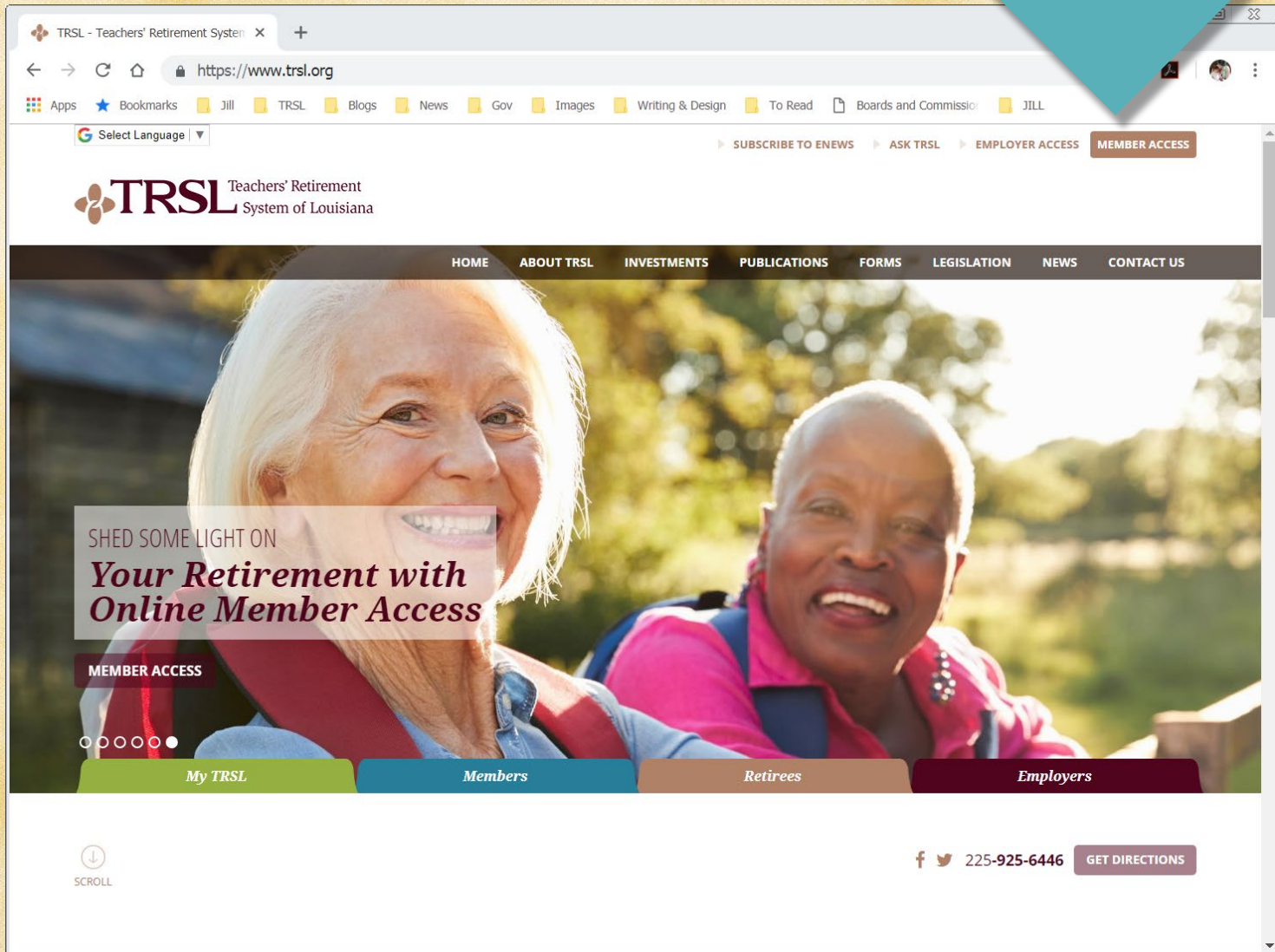
# MEMBER ACCESS

Retired members



- View benefit history
- Print income verification letter for loan or Social Security
- View & print 1099-R tax documents
- Change federal income tax withholding

# Member Access @ [www.TRSL.org](http://www.TRSL.org)



The screenshot shows a web browser window displaying the TRSL website. The browser's address bar shows the URL <https://www.trsl.org>. The website header includes the TRSL logo and the text "Teachers' Retirement System of Louisiana". A navigation menu contains links for HOME, ABOUT TRSL, INVESTMENTS, PUBLICATIONS, FORMS, LEGISLATION, NEWS, and CONTACT US. A large banner image features two smiling elderly women. Overlaid on the banner is the text "SHED SOME LIGHT ON *Your Retirement with Online Member Access*". Below the banner, a "MEMBER ACCESS" section contains four buttons: "My TRSL", "Members", "Retirees", and "Employers". The "Members" button is highlighted. At the bottom of the page, there is a "SCROLL" button with a downward arrow icon, social media icons for Facebook and Twitter, the phone number "225-925-6446", and a "GET DIRECTIONS" button. A large teal arrow points downwards from the top right of the page towards the "MEMBER ACCESS" button.

TRSL - Teachers' Retirement System

<https://www.trsl.org>

Apps Bookmarks Jill TRSL Blogs News Gov Images Writing & Design To Read Boards and Commission JILL

Select Language

SUBSCRIBE TO ENEWS ASK TRSL EMPLOYER ACCESS **MEMBER ACCESS**

**TRSL** Teachers' Retirement System of Louisiana

HOME ABOUT TRSL INVESTMENTS PUBLICATIONS FORMS LEGISLATION NEWS CONTACT US

SHED SOME LIGHT ON  
*Your Retirement with Online Member Access*

MEMBER ACCESS

My TRSL **Members** Retirees Employers

SCROLL

225-925-6446 GET DIRECTIONS



# Register for access

## NEW USERS:

- Click “**REGISTER FOR ACCESS**” on the main Member Access page.

**TRSL** Teachers' Retirement System of Louisiana

### Welcome to TRSL's Member Access!

Technical Assistance: If you need assistance registering or logging into Member Access, please contact our HelpDesk at Desk at (225) 925-6460 or [helpdesk@trsl.org](mailto:helpdesk@trsl.org).

New Users	Existing Users
<p>New Users You will need to be able to verify some information about yourself and have a:</p> <ul style="list-style-type: none"><li>• Valid personal email address and</li><li>• Social Security number</li></ul> <p>Only TRSL members and retirees, or individuals legally authorized to act on their behalf, are permitted to establish online access to member and retiree personal accounts.</p> <p>All other persons, including TRSL benefit recipients, such as beneficiaries, survivors, or ex-spouses receiving benefits, do not have authorization to establish online access in the name of a TRSL member or retiree.</p> <p>TRSL benefit recipients can seek authorization to establish online access to their own personal TRSL accounts.</p> <p><a href="#">REGISTER FOR ACCESS</a></p>	<p><b>Log In</b></p> <p>User ID: <input type="text"/></p> <p>Password: <input type="password"/></p> <p><input type="button" value="Log In"/></p> <p><a href="#">Forgot password?</a></p> <p><a href="#">Forgot User ID?</a></p>



# Register for access



**Register for access to your account** [Registration Help](#)

**\* All fields are required.**

(Digits only, no dashes, no spaces) **SSN:**  \*

(mm/dd/yyyy) **Date of Birth:**  \*

**First Name:**  \*

**Last Name:**  \*

**First employer's name:**  \*

(yyyy) **First year of employment:**  \*

**E-Mail:**  \*

**Confirm E-Mail:**  \*

(Between 9 and 26 characters) **User ID:**  \*

(Case sensitive) **Password:**  \*

(Case sensitive) **Confirm Password:**  \*

**Password must be between 8 and 16 characters, contain at least one number, one lower case letter, one upper case letter and one of the following special characters: #, %, \$, @, \* or &.**

**Select and answer both security questions**

\* **Question 1:**  \*

\* **Answer 1:**  \*

\* **Confirm Answer 1:**  \*

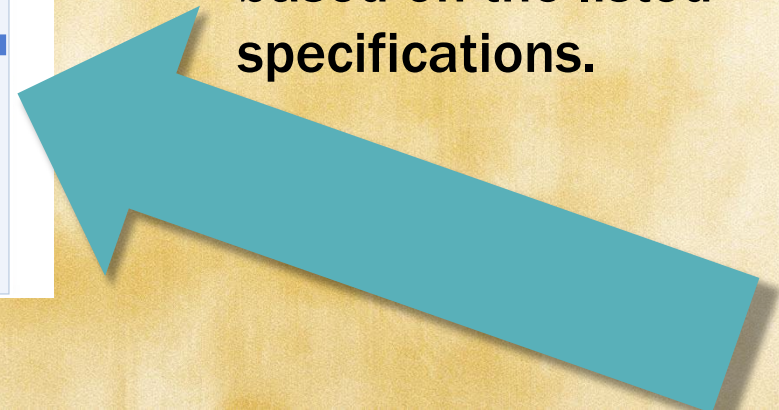
\* **Question 2:**  \*

\* **Answer 2:**  \*

\* **Confirm Answer 2:**  \*

## NEW USERS:

- Submit basic info (confirm identity).
- Set up security questions.
- Set up your password based on the listed specifications.



# Log in to begin



## Welcome to TRSL's Member Access!

Technical Assistance: If you need assistance registering or logging into Member Access, please contact our HelpDesk at Des (225) 925-6460 or [helpdesk@trsl.org](mailto:helpdesk@trsl.org).

New Users	Existing Users
<p>New Users You will need to be able to verify some information about yourself and have a:</p> <ul style="list-style-type: none"><li>• Valid personal email address and</li><li>• Social Security number</li></ul> <p>Only TRSL members and retirees, or individuals legally authorized to act on their behalf, are permitted to establish online access to member and retiree personal accounts.</p> <p>All other persons, including TRSL benefit recipients, such as beneficiaries, survivors, or ex-spouses receiving benefits, do not have authorization to establish online access in the name of a TRSL member or retiree.</p> <p>TRSL benefit recipients can seek authorization to establish online access to their own personal TRSL accounts.</p> <p><a href="#">REGISTER FOR ACCESS</a></p>	<p><b>Log In</b></p> <p>User ID: <input type="text"/></p> <p>Password: <input type="password"/></p> <p><input type="button" value="Log In"/></p> <p><a href="#">Forgot password?</a></p> <p><a href="#">Forgot User ID?</a></p>

## EXISTING USERS:

- Enter user ID and password.



# Main view

Drop-down menus across the top give you access to self-service functions.

- **My Account**
- **My Self Service**

The screenshot shows a web application interface with a teal navigation bar at the top. The navigation bar contains the following items: Home, My Account (with a dropdown arrow), My Self Service (with a dropdown arrow), Help, and Logout. Below the navigation bar, there is a welcome message: "Welcome, Your last login was January 26, 2017, at 11:43 AM." The main content area is titled "Member Access" and contains a paragraph: "Member Access provides a variety of information and services regarding your retirement account as described below. Just click on the menu bar above when you have decided where you want to go." Below this paragraph, there are two columns of content, each enclosed in a box. The left column is titled "Active Members" and contains two sections: "My Account" with a list of four items (Employment Summary, Account History, Current Year Earnings & Contributions, Sick Leave, Member Account Statement) and "My Self Service" with a list of three items (Change your name, Change your mailing address, Change your email address). The right column is titled "Retirees & Beneficiaries" and contains two sections: "My Account" with a list of seven items (Benefit Summary, Account History, Benefit Payment History, DROP/ILSB Account Summary/History, DROP/ILSB Payment History, DROP/ILSB Account Statement, Sick Leave, Print Form 1099-R) and "My Self Service" with a list of two items (Change your email address, Change your federal income tax withholding). A large teal arrow points from the top right towards the navigation bar.

Home My Account My Self Service Help Logout

Welcome, Your last login was January 26, 2017, at 11:43 AM.

## Member Access

Member Access provides a variety of information and services regarding your retirement account as described below. Just click on the menu bar above when you have decided where you want to go.

### Active Members

My Account

- Employment Summary: view personal information currently on file
- Account History: view past earnings, contributions, and service credit
- Current Year Earnings & Contributions
- Sick Leave
- Member Account Statement

My Self Service

- Change your name
- Change your mailing address
- Change your email address

### Retirees & Beneficiaries

My Account

- Benefit Summary: view personal information currently on file
- Account History: view past earnings, contributions, and service credit
- Benefit Payment History: view your benefit payments and deductions
- DROP/ILSB Account Summary/History (only available to those who participated in DROP)
- DROP/ILSB Payment History (only available to those who participated in DROP)
- DROP/ILSB Account Statement (only available to those who participated in DROP)
- Sick Leave
- Print Form 1099-R

My Self Service

- Change your email address
- Change your federal income tax withholding

# Benefit payment history

## Benefit Payment History

Name:

View payment details by clicking on the + next to the Date.

	Date	Gross Amount	Federal Tax	Deductions/ Reductions	Net Pay
+	10/01/2018	2,743.49	376.00	96.22	2,271.27
+	09/01/2018	2,743.49	376.00	96.22	2,271.27
+	08/01/2018	2,743.49	376.00	96.22	2,271.27
+	07/01/2018	2,743.49	376.00	96.22	2,271.27
+	06/01/2018	2,743.49	376.00	96.22	2,271.27
+	05/01/2018	2,743.49	376.00	96.22	2,271.27
+	04/01/2018	2,743.49	376.00	96.22	2,271.27
+	03/01/2018	2,743.49	376.00	96.22	2,271.27
+	02/01/2018	2,743.49	376.00	96.22	2,271.27
+	01/01/2018	2,743.49	418.00	96.22	2,229.27
+	12/01/2017	2,743.49	418.00	106.22	2,219.27
+	11/01/2017	2,743.49	418.00	106.22	2,219.27
+	10/01/2017	2,743.49	418.00	106.22	2,219.27
+	09/01/2017	2,743.49	418.00	106.22	2,219.27
+	08/01/2017	2,743.49	418.00	106.22	2,219.27
+	07/01/2017	2,743.49	418.00	106.22	2,219.27
+	06/01/2017	2,743.49	418.00	106.22	2,219.27
+	05/01/2017	2,743.49	418.00	106.22	2,219.27
+	04/01/2017	2,743.49	418.00	106.22	2,219.27
+	03/01/2017	2,743.49	418.00	106.22	2,219.27
+	02/01/2017	2,743.49	418.00	106.22	2,219.27
+	01/01/2017	2,743.49	420.00	106.22	2,217.27

View payment details by clicking + next to each date listed.





# View & print tax docs

## Print Form 1099-R

Click the link below to display the Form 1099-R for the desired tax year and payment.  
A new window will open displaying the Form 1099-R.

**Having trouble accessing your 1099-R? Try turning off your Internet browser's pop-up blocker.**

**NOTE REGARDING THE ADDRESS ON YOUR FORM 1099-R:** The address shown on the Form 1099-R for tax years prior to 2015 is your current home address. Starting with tax year 2015, the address shown is the address to which the Form 1099-R was sent.

### Benefit Payments

[2017 Member Benefit](#)

[2016 Member Benefit](#)

[2015 Member Benefit](#)

[2014 Member Benefit](#)

[2013 Member Benefit](#)

[2012 Member Benefit](#)

[2011 Member Benefit](#)

[2010 Member Benefit](#)

**View, save, or  
print current  
or previous  
years.**



# Change withholdings

If you prefer  
paper forms:

Complete & submit  
Form W-4P to TRSL  
via mail or fax.

All forms available at  
[www.TRSL.org](http://www.TRSL.org)

## Change Your Federal Income Tax Withholding

Name:
Benefit Type: Member Benefit
<input checked="" type="radio"/> I do want federal taxes withheld from this benefit
<input type="radio"/> I DO NOT want federal taxes withheld from this benefit

\*indicates required field to withhold federal income taxes

Federal Withholding	Current	New
<i>Marital Status*</i>	Married	<input type="text" value=""/> <input type="button" value="v"/>
<i>Exemptions*</i>	0	<input type="text" value=""/>
<i>Additional Amount</i>	200.00	<input type="text" value=""/>
<b>Monthly Benefit</b>		
<i>Gross Monthly Benefit</i>	2,743.49	
<i>Federal Tax Withheld</i>	376.00	
<i>Other Deductions</i>	96.22	
<i>Net Monthly Benefit Amount</i>	2,271.27	

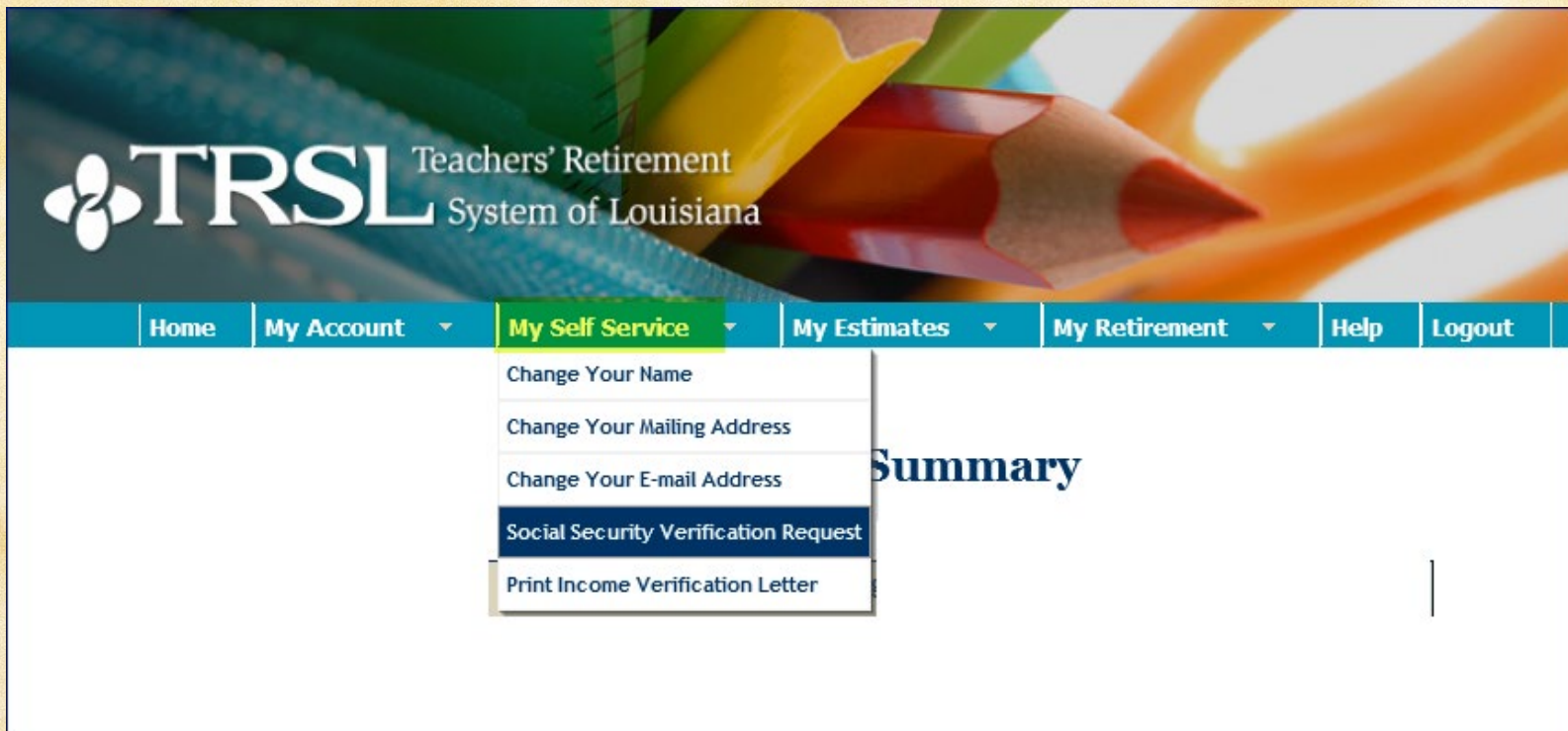
Click the Estimate Tax Withholding button to get an estimate of how the selected changes to your federal income tax withholding will affect your benefit. This will not change your current withholding information.

Estimate Withholding

Reset Fields

# Social Security Verification Request via Member Access

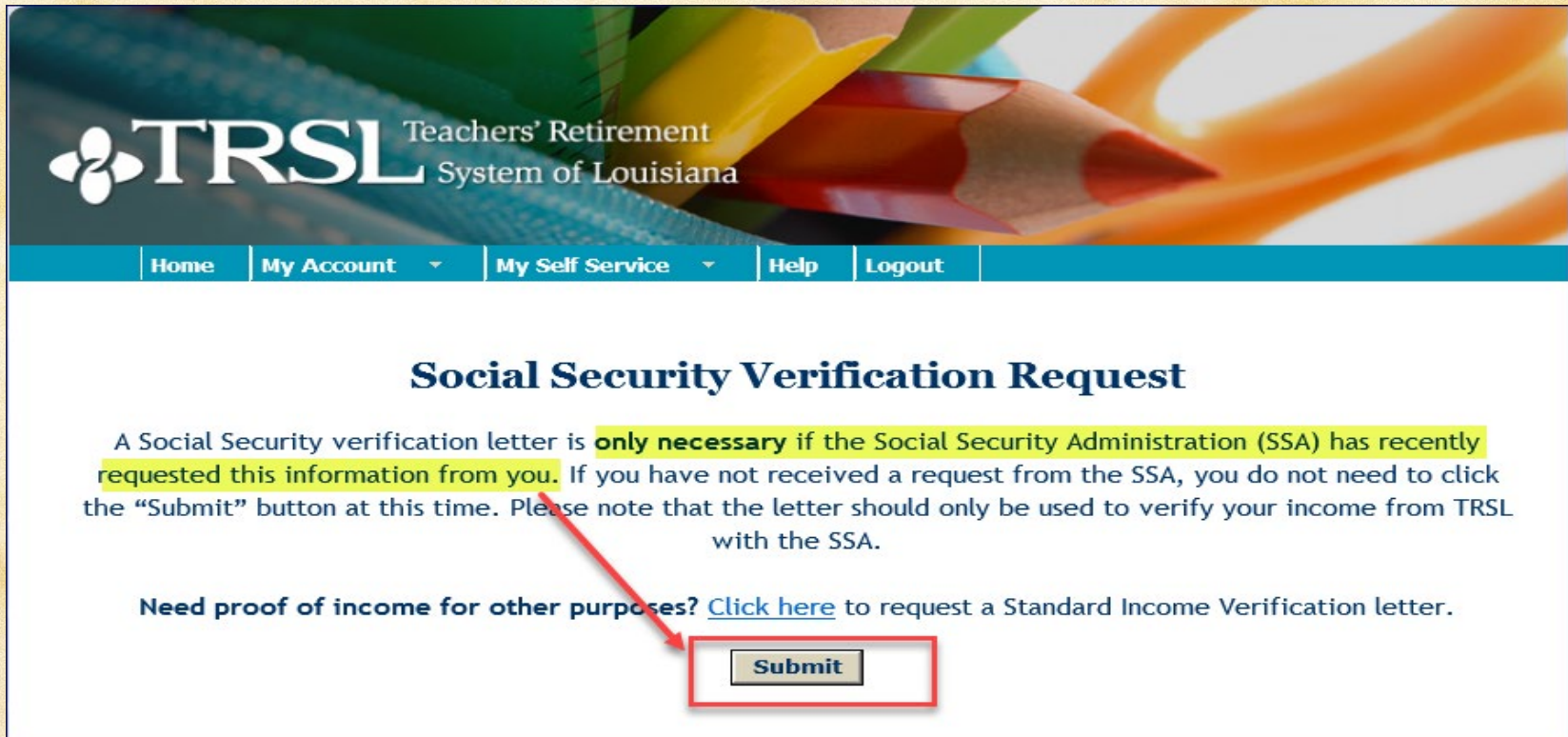
- If the Social Security office sends the member a request for information, such as amount of monthly benefit from your public retirement plan, TRSL can provide this information.
- Member should request a Social Security Verification Request via the “My Self Service” menu in Member Access.



The screenshot displays the TRSL Teachers' Retirement System of Louisiana website. The header features the TRSL logo and the text "Teachers' Retirement System of Louisiana". The navigation menu includes "Home", "My Account", "My Self Service", "My Estimates", "My Retirement", "Help", and "Logout". The "My Self Service" menu is expanded, showing options: "Change Your Name", "Change Your Mailing Address", "Change Your E-mail Address", "Social Security Verification Request", and "Print Income Verification Letter". The "Social Security Verification Request" option is highlighted. The word "Summary" is visible in the background of the page content.

# Order SS Verification Request Letter

- Members must click “Submit” to order the letter from Member Access.



**TRSL** Teachers' Retirement System of Louisiana

Home | My Account | My Self Service | Help | Logout


## Social Security Verification Request

A Social Security verification letter is **only necessary** if the Social Security Administration (SSA) has recently requested this information from you. If you have not received a request from the SSA, you do not need to click the “Submit” button at this time. Please note that the letter should only be used to verify your income from TRSL with the SSA.

**Need proof of income for other purposes?** [Click here](#) to request a Standard Income Verification letter.



# Forgot user ID or password?



**Welcome to TRSL's Member Access!**

Technical Assistance: If you need assistance registering or logging into Member Access, please contact our HelpDesk at Desk at (225) 925-6460 or [helpdesk@trsl.org](mailto:helpdesk@trsl.org).

New Users	Existing Users
<p>New Users You will need to be able to verify some information about yourself and have a:</p> <ul style="list-style-type: none"><li>• Valid personal email address and</li><li>• Social Security number</li></ul> <p>Only TRSL members and retirees, or individuals legally authorized to act on their behalf, are permitted to establish online access to member and retiree personal accounts.</p> <p>All other persons, including TRSL benefit recipients, such as beneficiaries, survivors, or ex-spouses receiving benefits, do not have authorization to establish online access in the name of a TRSL member or retiree.</p> <p>TRSL benefit recipients can seek authorization to establish online access to their own personal TRSL accounts.</p> <p><a href="#">REGISTER FOR ACCESS</a></p>	<p><b>Log In</b></p> <p>User ID: <input type="text"/></p> <p>Password: <input type="password"/></p> <p><input type="button" value="Log In"/></p> <p><a href="#">Forgot password?</a></p> <p><a href="#">Forgot User ID?</a></p>



# TRSL Information Security

- **ALWAYS** contact TRSL directly for information about your TRSL retirement benefits.
- TRSL staff will **NEVER** come to your home or call you unsolicited to ask for your personal information.
- Outside vendors are not affiliated or associated with TRSL in any manner.
  - » TRSL does not endorse third-party vendors or their services and products.
  - » TRSL does not provide any retirement information to third-party vendors.



# Insurance or SSA Questions?



- Health/Life Insurance Questions?
  - » Please contact your employer or health insurance carrier.
- SSA/Medicare Questions?
  - » Contact the Social Security Administration at 1-800-772-1213 or [www.ssa.gov](http://www.ssa.gov).
- Need a letter from TRSL to verify your monthly retirement benefit and/or your first eligibility date for SSA purposes?
  - » Send a written request with your signature and SSN to TRSL by mail or fax to 225-925-4779.

# Questions?





**We are here for you!** 

**Phone: (225) 925-6446**

**Toll free (outside Baton Rouge):  
1-877-ASK-TRSL (1-877-275-8775)**

***www.TRSL.org***

***web.master@trsl.org***



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