

Sounds of Community

CREATING HARMONY THROUGH UNITY, JUSTICE, AND PEACE

MARCH 2021 LISTEN

VIRTUAL CONTEMPLATIVE RETREAT

Listen to the River Inside

Tuesday, March 2, 8 am-noon—RSVP

Amid such deep loss and overflowing change of our COVID world, take time to listen—to the One who created you, to yourself, and to the earth. Pamper yourself with this intentional retreat at your own setting.

Leader: Rev. Robin McCullough-Bade
Interfaith Federation of Greater Baton Rouge,
Executive Director

MORE THAN KUMBAYA:

Check-in – virtual

Tuesday, March 2, 7 pm—RSVP

More than Kumbaya is our video series which features conversations with local black leaders who reflect on aspects of race in Baton Rouge. The video series can be found at ifedgbr.com. Whether you have watched one or all of the videos, join the conversation as we “check-in” with each other. Our dialogue will be framed by the questions posed in the *More than Kumbaya* videos:

LISTEN: What did you hear?
How did you feel as you listened?
REFLECT: What surprised you? What if?
ACT: What are possible actions?
What are you being called to do?

BRAVER ANGELS

VIRTUAL WORKSHOPS

In our current polarized political environment, many of us avoid or dread political conversations with friends or family members whose politics differ from their own. Attend one or both workshops to increase your skills in dealing with tough conversations. Braver Angels is a national organization dedicated to overcoming polarization.

Leader: John Fletcher is the Billy J. Harbin Associate Professor of Theatre at Louisiana State University. He studies social change performance and online disinformation/ misinformation.

RSVP
IFEDGBR.COM

1) *Depolarizing Within*

Tuesday, March 16

6-8:30 pm—RSVP

Designed to foster skills to help you lessen the effects of polarization when you encounter them in your political conversations. *Polarization* refers to how we regard and talk about large groups of ordinary people on the other side of the political aisle.

2) *Skills for Bridging the Divide*

Saturday, March 20, 3-4:30pm—RSVP

Designed to teach skills for having respectful conversations that clarify differences, search for common ground, and affirm the importance of the relationship. They also give participants a safe environment to practice those skills.

