

# MARCH, 2020 LISTENING POST MONTH What might your congregation do?

#### The Power of Story

As humans, we have the capacity to tell our story—to name our feelings, thoughts, and memories. Sharing our unique story with another person who actively listens in a safe setting is part of the healing process. It is also how community is formed.

#### The Gift of Listening

Listening is a gift we give each other

#### The Path towards Healing includes

- Others: Someone who listens to my story and offers support
- Hope: Expectation of a positive future
- Meaning: That which gives purpose to life

#### **Baton Rouge Faith Communities: An Opportunity**

Hopefully, people who bear difficult stories feel like they can connect with a local faith community to find healing through the three-fold gift of others, hope, and meaning. *Question: How might your congregation expand your capacity to listen, blessing others with healing and hope?* 

### **Call to Action: Listening Posts**

- Take an inventory of how your congregation listens
  - o to those within your congregation
  - o those near (family and friends)
  - neighbors (around your house of worship as well as your home)
  - o those who are different from you
- Brainstorm ways your congregation might expand its capacity to listen (within and beyond your congregation)
- Connect with another congregation during March—outside your own tradition
- Make plans for the month of March to promote your congregation as a Listening Post
- Share with the Interfaith Federation your plans to be a *Listening Post*
- Follow the Federation website for updates and opportunities
- Keep praying for each other and our community

#### For More Info

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**30<sup>th</sup> Annual Sounds of CommUNITY Concert** March 29, 2020, 4:00 pm Shiloh Missionary Baptist Church

## Listen! Listen!

Suffering upon suffering, fear upon fear...

Hurt upon hurt, anger upon anger, sadness upon sadness...

Harm upon harm, anguish upon anguish, despair upon despair...

> -Movement 1 "Waging Peace" (2013) An original composition commissioned by the Interfaith Federation of Greater Baton Rouge

# PLANNING for MARCH, 2020: LISTENING POST MONTH

How does our congregation currently listen? To each other

To our neighborhood

To our community

Brainstorm: What are possibilities of ways to LISTEN during the month of March? To each other

To our neighborhood

To our community

Narrow the above suggestions to the top 2-3.

- 1)
- 2)
- 3)

Who do you need to get their "blessing" in order to move forward?

What is your plan to publicize your listening post opportunities?

Please share your plan with the Interfaith Federation.