



CONGREGATION LISTENING POST Resources

The Gift of Listening

Listening is a gift we give each other.

The Path towards Healing includes:

- Others: Someone who listens to my story and offers support
- Hope: Expectation of a positive future
- Meaning: That which gives purpose to life

Prayers

Opening May we be blessed with the three-fold gift of others, hope, and meaning. *Take a deep breath.*
Let distractions be put aside. *Take a deep breath. (Silence)*
Let us be present to this moment. *Take a deep breath. (Silence)*
Let us be open to listening.

Litany: An Invitation to Turning *(adapted from the Jewish Selichot Service)*

Leader: Creator of all, be gracious to us; our cup of sorrows is full: behold us with compassion.
Remember how we are made, remember that we are dust.

All: We pray for compassion and plead for grace. O God our Help, favor us and grant us peace.

Leader: Our God above, grant us your blessings. Let peace reign among us and on earth.

All: God help us to care about wrongs from which we have been spared, to seek forgiveness for the wrongs we do; to forgive the wrongs that are done to us.

Leader: Create in us a clean heart, and place a willing spirit within us.

All: Shed your light upon us, O God, that we may see the goodness in each of your children.

Leader: For we have sinned against life by failing to work for peace.

All: We have sinned against life by keeping silent in the face of injustice.

Leader: For we have sinned against life by ignoring those who suffer.

All: We have sinned against life by forgetting those in need in our own midst.

Leader: Sovereign God, whose throne is mercy. You guide the world with steadfast love, forgiving the transgressions of your people; You pardon all who sin, are generous with all who live, treating them with compassion.

All: May the source of strength, who blessed the ones before us, help us find the courage to make our lives a blessing and let us say, Amen.

Blessing:

As we prepare to leave this place, remember,
Each of us has a story to tell.
Each of us can listen to another person.
Each of us can be a candle of hope.
Let peace begin with each of us.

May the source of strength who blessed the ones before us,
help us find the courage to make our lives a blessing
and let us say, Amen

