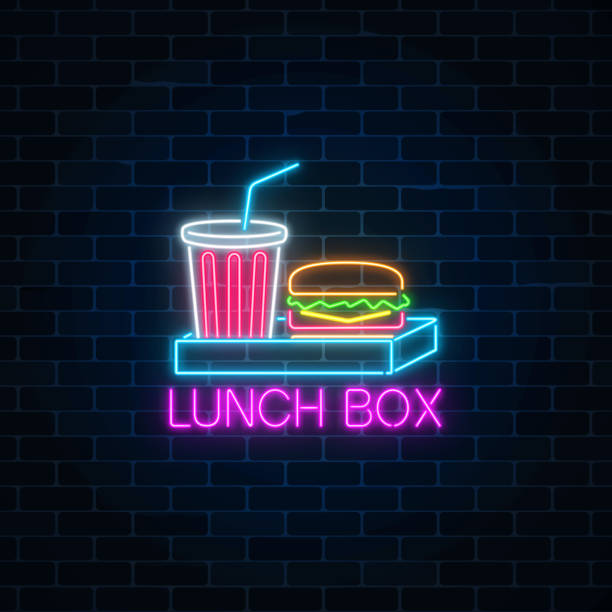
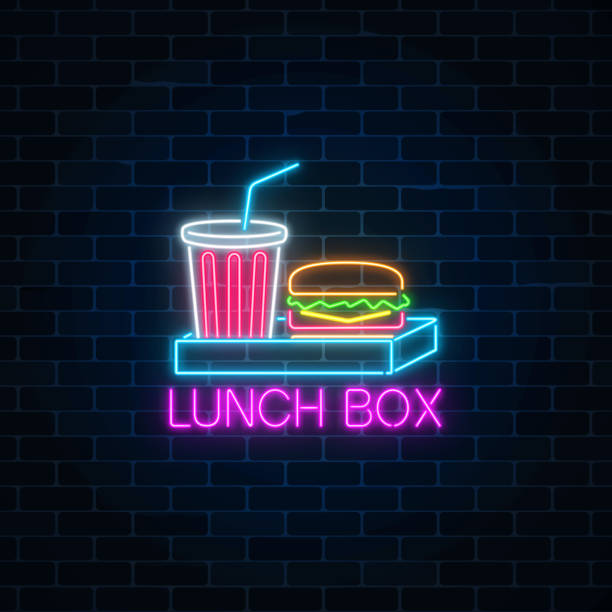
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| --- | --- | --- | --- | --- | --- |
| **DATE**  **Your cafeteria is managed by**  **Canteen of Central New Mexico an equal opportunity employer** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **12/21 1/18 /15 3/15 4/12 5/10** | **PAPA JOHNS PIZZA (1EA)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN-INCLUDED IN ENTREE**  **RANCH DRESSING (1oz)**  **MILK (8OZ-1EA)** | **FRESH BEEF TACO (2oz)**  **VEG.-PINTO BEANS (3/4 cp)**  **FRUIT-CANTALOUPE (1EA)**  **GRAIN-TORTILLA (1EA)**  **SHREDDED CHEESE (1oz)**  [Related image](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=&url=http://www.iconarchive.com/show/noto-emoji-food-drink-icons-by-google/32387-taco-icon.html&psig=AOvVaw1pNf3ddg7QWJX7BpZr4iX5&ust=1560532342363352)**MILK (8OZ-1EA)** | **CORN DOG (1EA)**  **VEG.-MIXED VEGGIES (3/4cp)**  **FRUIT-CINN. APPLE (1/2cp)**  **GRAIN-INCLUDED IN ENTREE**  **KETCHUP, MUSTARD(1oz)**  **MILK (8OZ-1EA)** | **CHICKEN FRIED STEAK (1EA)**  **VEG.-MASHED POTATOES (3/4 cp)**  **FRUIT-PEACHES (1/2 cp)**  **GRAIN- BISCUIT (1EA)**  **MILK (8OZ-1EA)** | **CHICKEN FAJITAS (1/4CP)**  **VEG.-CARROTS (3/4 cp)**  **FRUIT-APPLE (1EA)**  **GRAIN-TORTILLA**  **PICANTE (1oz)**  **MILK (8OZ-1EA)** |
| **12/28 1/25 2/22 3/22 4/19 5/17** | **CHEESEBURGER (1EA, 1 SLICE CHEESE)**  **VEG.-BAKED BEANS (3/4 cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN-HAMBURGER BUN (1EA)**  **MUSTARD, KETCHUP, PICKLES (1oz)**  **MILK (8OZ-1EA)** | **SPAGEHETTI (3/4 cp)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-FRESH FRUIT (1EA)**  **GRAIN-BREADSTICK**  **MILK (8OZ-1EA)** | **FETTUCCINI CHICKEN ALFREDO (3/4CP)**  **VEG.-CARROTS (3/4 cp)**  **FRUIT-MANDARIN ORANGES (1/2 cp)**  **GRAIN- BREAD STICK (1EA)**  **MILK (8OZ-1EA)** | **CHEESE STICKS (2EA)**  **VEG.-MIXED VEGGIES (3/4cp)**  **FRUIT-PEARS (1/2 cp)**  **GRAIN- INCLUDED IN ENTRÉE**  **MARINARA SAUCE (1OZ)**  **MILK (8OZ-1EA)** | **CHICKEN NUGGETS (5EA)**  **VEG.-POTATO WEDGES (3/4 cp)**  **FRUIT-ORANGE (1EA)**  **GRAIN-ROLL (1EA)**  **KETCHUP (1oz)**  **MILK (8OZ-1EA)** |
| **1/4 2/1 3/1 3/29 4/26 5/24** | **PAPA JOHNS PIZZA (1EA)**  **VEG.-CARROTS (3/4 cp)**  **FRUIT-PINEAPPLE (1/2 cp)**  **GRAIN-INCLUDED IN ENTREE**  **RANCH (1oz)**  [Image result for free clip art images FOOD](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwi43f7i-ubiAhVjiFQKHXhTDFcQjRx6BAgBEAU&url=http://www.clipartpanda.com/categories/food-clip-art&psig=AOvVaw1pNf3ddg7QWJX7BpZr4iX5&ust=1560532342363352)**MILK (8OZ-1EA)** | **FRITO PIE (2oz, CHIPS 1oz)**  **VEG.-CORN (3/4 cp)**  **FRUIT-MANDARIN ORANGES (1/2 cp)**  **GRAIN-TORTILLA (1EA)**  **SHREDDED CHEESE (1oz)**  **MILK (8OZ-1EA)** | **HOT DOG (1EA)**  **VEG.-CELERY (3/4 cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN- BUN (1EA)**  **KETCHUP (1oz)**  **MILK (8OZ-1EA)** | **BOW TIE LASAGNA (3/4CP)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-APPLESAUCE (1/2cp)**  **GRAIN-GARLIC BREADSTICK (1EA)**  **MILK (8OZ-1EA)** | **CRISPY CHICKEN**  **SANDWICH (1EA)**  **VEG.-BAKED BEANS (3/4cp)**  **FRUIT-PEACHES (1/2 cp)**  **GRAIN-HAMBURGER BUN (1EA)**  **MILK (8OZ-1EA)** |
| **1/11 2/8 3/8 4/5 5/3 5/31** | **MAC AND CHEESE (3/4 cp)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-PEACHES (1/2 cp)**  **GRAIN- ROLL (1EA)**  **MILK (8OZ-1EA)** | **SOFT CHICKEN TACO (2oz)**  **VEG.-PINTO BEANS (3/4 cp)**  **FRUIT-ORANGE (1EA)**  **GRAIN-TORTILLA (1EA)**  **SHREDDED CHEESE (1oz)**  **PICANTE SAUCE (1oz)**  **MILK (8OZ-1EA)** | **SALISBURY STEAK (1EA)**  **VEG.-WHIP POTATOES (3/4cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN-DINNER ROLL (1EA)**  **BROWN GRAVY (1oz)**  **MILK (8OZ-1EA)**  **\*\*HIGH SCHOOL PORTION SIZE 1 CUP\*\*** | **GRILLED CHEESE (1EA)**  **VEG.-CARROTS (3/4 cp)**  **FRUIT-FRESH FRUIT (1EA)**  **GRAIN-INCLUDED IN ENTRÉE**  **MILK (8OZ-1EA)** | **BEAN BURRITO (1EA)**  **VEG.-GREEN BEANS (3/4cp)**  **FRUIT-MANDARIN ORANGES (1/2 cp)**  **GRAIN-INCLUDED IN ENTREE**  **PICANTE SAUCE (1oz)**  **MILK (8OZ-1EA)** |

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwii3K7q7ubiAhXosVQKHcztCCYQjRx6BAgBEAU&url=https://www.istockphoto.com/illustrations/empty-lunch-box&psig=AOvVaw0d6I6zttgtOg_PmofREyYD&ust=1560529305990307)

**LUNCH MENU 2020-2021**