

BREAKFAST

LUNCH

OCTOBER 2021

ALBUQUERQUE SCHOOL OF EXCELLENCE

Your cafeteria is managed by
Canteen of Central New Mexico

Monday

Tuesday

Wednesday

Thursday

Friday

DAILY BREAKFAST SERVED WITH 1 CUP OF FRESH FRUIT

All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.

DUE TO COVID-19: YOUR SCHOOL MAY NOT HAVE A SALAD BAR

BLUEBERRY MUFFIN 1
PIZZA
BROCCOLI
PEACHES

FALL BREAK 4

FALL BREAK 5

FALL BREAK 6

FALL BREAK 7

FALL BREAK 8

POPTART 11
CHICKEN NUGGETS
BAKED BEANS
CINNAMON APPLE SLICES
DINNER ROLL

WAFFLES MINI EGGO BITES 12
MAX CHEESE STICKS
MARINARA SAUCE
GREEN BEANS
MANDARIN ORANGE

APPLE BOSCO STICK 13
CHICKEN PATTIE ON A BUN
BROCCOLI
APRICOTS

NUTRI GRAIN YOGURT 14
CHICKEN DRUMSTICKS
CARROTS
CANTALOUPE
DINNER ROLL

COLD CEREAL & YOGURT 15
PIZZA
CORN
MIXED FRUIT

MUFFINS 18
TURKEY CORNDOG
BAKED BEANS
PEARS

CHERRY FRUDEL 19
COUNTRY FRIED STEAK
CARROTS
COUNTRY GRAVY
PINEAPPLE
WHOLE WHEAT ROLL

BAGEL-FULS 20
CHICKEN PATTIE ON A BUN
BROCCOLI
PEACHES

CINNI MINI 21
BEEF TAQUITOS
CORN
APPLESLICES

BANANA BREAD 22
PIZZA
CELERY STICKS
FRESH FRUIT

BLUEBERRY MUFFIN 25
CHICKEN NUGGETS
WHIPPED POTATOES
APPLESAUCE
DINNER ROLL

COLD CEREAL YOGURT 26
CHILE CHEESE DOG
GREEN BEANS
PEACHES

POP TART 27
MAX CHEESE STICKS
MARINARA SAUCE
CARROTS
FRESH FRUIT

BREAKFAST COMBO BAR 28
WHEAT TORTILLA
FRENCH TOAST STICKS
TURKEY SAUSAGE PATTIE
HASH BROWNS
MIXED FRUIT

FRENCH TOAST STICKS 29
PIZZA
BROCCOLI
PINEAPPLE

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