CENTRAL CITY ECONOMIC OPPORTUNITY CORPORATION SENIOR CENTER HISTORY AND RULES

The Central City Economic Opportunity Corporation is a Multi-Purpose Center consisting of several programs catering to the needs of the residents of the Greater New Orleans Area.

HISTORY: The Senior Citizen Program

The Central City Senior Citizen Program was initiated by Central City EOC in 1974 and is now a chartered non-profit organization charged by the Senior Citizens of the area with the developing responsibility of providing services and directions to Senior Citizens.

The Senior Citizen program exists to serve the needs of the elderly by assisting them in their efforts to improve their quality of life. The program provides centralized support services for Senior Citizen residing within the Central City Area. The center provides nutrition, educational activities, arts and crafts, field trips, cultural activities, transportation, physical fitness, health services and counseling.

Eligibility requirements for the Disabled (55-59):

Any person between the age of55-59 provided he/she meets the eligibility requirements for disabled members. He/She is welcomed to participate in any activity conducted by the Senior Citizen Center. No member under the age of 59 will qualify for nutrition program because of the nature of the funding for this Title IIIC Program.

Criteria:

- **1.** Must have a physical handicap which limits activities (ex. Arthritis, stroke, heart condition, etc.).
- 2. Must be a resident of Orleans Parish
- **3.** Must furnish identifying information; Current LA Identification Card or Driver's License current proof of income, proof of residence and a brief medical history to complete enrollment
- **4.** Must abide by the rules and regulations governing the Central City EOC Senior Citizen Center.
- 5. Must pay a annuak membership fee of twenty four dollars(\$24)

Eligibility requirements for the Disabled (60 & older): Criteria:

1. Must be a resident of Orleans Parish

2. Must furnish identifying information; Current LA Identification Card or Driver's License current proof of income, proof of residence and a brief medical history to complete enrollment

- **3.** Must abide by the rules and regulations governing the Central City EOC Senior Citizen Center.
- **4.** Must pay an annual membership fee of twenty-four dollars (\$24)

Procedures:

- 1. Must complete an application with a Central City EOC staff member
- 2. Briefing of Rules & Regulations with Central City EOC staff member
- 3. Introduction to Central City EOC staff & senior elected officers and tour of the facility
- 4. Pay annual membership

Program:

The Central City EOC Senior Citizen Center offers one hot meal, counseling, field trips, arts and crafts, educational activities, transportation, limited health screening, and friendship. The center is also equipped with televisions, stereo, checker table, pool table, books, games and an exercise room, computer lab, and other recreational equipment.

Center Rules:

The following rules are designed to keep all seniors involved, active, safe, and encourage positive relationships amongst staff and members.

- 1. The Central City Senior Center is open from 8:00 am to 2:30 pm Monday thru Friday.
- 2. Lunch will be served starting at 11:30 am and 12:30 pm.
- 3. Smoking is prohibited anywhere within the Multi- Purpose Center. You make smoke in the designated areas.
- 4. Each member must sign in an attendance sheet and all activities sheets daily.
- 5. Each Member is encouraged to attend the center at least twelve (12) times a month to remain in good standing. While we encourage our seniors to attend the center as often as possible.
- 6. Televisions may only be operated by CCEOC staff but must be on channels that accommodate the seniors.
- 7. For health and insurance purposes,, the kitchen area is off limits to all seniors, except authorized volunteers or other designated personnel.

Filed Trip Rules:

The following rules are designed to insure safe and enjoyable trips for all seniors.

- 1. Members must sign up and pay fees when applicable and pay by the deadlines.
- 2. All trips with a limited number of reservations will be on a lottery basis.

- 3. Boarding and unloading of buses will take place at the center unless otherwise informed.
- 4. All members will remain together during group trips and activities.

Member Expectations:

Each member can expect the following:

- 1. Be treated with courtesy and treat other with courtesy.
- 2. Take part in arts and crafts, outings, and/or any other activities sponsored by the center.
- 3. Do his/her part in keeping the center operating smoothly and to assist with maintaining a clean and healthy environment.
- 4. Bring new ideas and suggestions to the center.
- 5. Adhere to rules and regulations governing the center.
- 6. Report any grievances properly and promptly in accordance with the Center's Grievance procedure.
- 7. Transportation when needed.

Transportations:

- Center Visits Any senior wishing to use center transportation services must follow set rules according to those set forth by the driver and approved by the Executive Director.
- 2. All seniors must notify the driver whether services will be needed daily.
- 3. All members are eligible to ride vehicles for field trips and to and from home to center.

Health & Welfare:

- 1. If you are ill we ask that you please stay home until you feel better.
- 2. Call the center to notify staff you will be out and also to cancel transportations
- 3. If you become ill at the center you will be sent home or we will make sure you receive proper medical care (ex. Ambulance or Emergency room)
- 4. Centrla City EOC Senior Center phone number (504) 524-7483 or (504) 524-3484 Ex. 116.