



The Pelican Express

Let Go...Let God

MARCH 30, 2023

CALENDAR

Friday, March 31

- Parade of States, 4th Grade
- Jazz Band Festival- Southeastern University
- Men's Club Lenten Dinner, Bishop Ott Center

Sunday, April 2

- Palm Sunday Mass
- Parish Easter Egg Hunt, Church Grounds

Tuesday, April 4

- A Scriptural & Forensic Exploration of our Lord's Passion, MBS Church, see page 4

Wednesday, April 5

- Coffee Talk with Principal, 12-1, St. John Room of Church Office
- Stations of the Cross, St. Ursula, 7pm

Holy Thursday

- Stations of the Cross, St. Ursula, 9:30
- In Lieu of Mass, the students will attend Stations of the Cross
- Dress Uniforms

April 7-14

- Easter Break (Contingency Days are not used - enjoy the whole week off)

April 18

- Progress Reports available in FACTS - Although we refer to them as "reports," there is no official document. We close FACTS to teachers so that parents can see the students' grades on this day.

Looking Ahead:

- April 19 - Taste Fair - volunteers & items needed - signup in this newsletter
- April 21 - Pelican Games - signup in this newsletter
- May 4 - May Crowning - volunteers & items needed - signup in this newsletter
- May 18 - 8th Grade Graduation
- May 23 - End of 4th Nine Weeks; Last Day of School

Volunteerism

- In order to volunteer on school or church campus, you must go through the Office of Child Protection to update your credentials.
- Upcoming Events where volunteers are needed:
 - Grade-level retreats - ongoing
 - Cafeteria Helpers - ongoing
 - Pelican Games - April 21
 - May Crowning - May 4
- Monitor the Newsletter for opportunities as they arise.

OFFICE OF CHILD PROTECTION

According to the Safe Environment Policy promulgated by the USCCB and the Diocese of Baton Rouge, all parish and school ministry volunteers/chaperones must complete a mandatory background check and child protection training. Please note that MBS School child protection requirements are not the same as MBS Church Parish. Therefore, if you are compliant for one, you are not automatically compliant for the other. Please email Mrs. Landry at childprotection@mbsbr.org to check the status of your file and/or receive the required paperwork to activate your file.



2022-2023 Chaperone and Volunteer Agreement

All volunteers with active files must complete and submit this school year's Chaperone and Volunteer Requirements Agreement and the Code of Ethics Acknowledgement Form (page 5 of CoE document). Please find the **agreement** [here](#) and **Code of Ethics** [here](#). Please scan/email the completed paperwork to childprotection@mbsbr.org. One service hour may be counted in FACTS for updating the agreement and CoE.

New Volunteer Applications are being accepted at this time. Anyone that has not completed the child protection process for MBS School previously, please email your volunteer request to childprotection@mbsbr.org. Please note that five hours may be entered in FACTS for "Time and Talent" service hours once the child protection process is completed.

Volunteer Opportunities are posted here weekly.



Taste Fair items

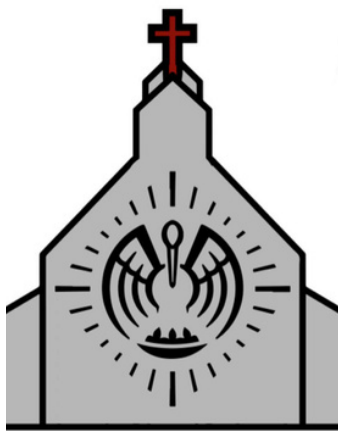
May Crowning
Volunteers

Taste Fair Servers

Cafeteria Volunteers

Taste Fair Setup

Pelican Games Volunteers



Office of...

Living Stations of the Cross

As part of MBS tradition, the Eighth Grade students will host the Living Stations of the Cross. Parents and parishioners are invited to attend this very solemn and prayerful presentation as they walk the journey of Jesus Christ in His final days. This reverent presentation will be held in St. Ursula at 7:00 pm on Wednesday, April 5th.



St. Ursula, MBS School Campus
Wednesday, April 5
7:00pm

Christian Formation

MBS LENTEN DINNERS

FRIDAYS

MAR 3 - MAR 31

5:00 - 7:00

FISH DINNER \$10

SHRIMP DINNER \$10

WEEKLY ENTREE \$10

CRAWFISH PIE \$3

NEW THIS YEAR

NO DRIVE-THRU

FRIED SHRIMP IS BACK

WEEKLY SPECIALTY ENTREE

MAR 3 Shrimp & Corn Soup

MAR 10 Shrimp Stew

MAR 17 Crawfish Etouffee

MAR 24 Crawfish Casserole

MAR 31 Shrimp Fettuccine

Due to construction, we will go back to selling dinners inside the Ott Center (next to the gym).

DINE-IN or TO-GO

Hosted by the
MBS MEN'S CLUB

Cash, Checks, &
Cards Accepted

Dinners begin the 2nd
week of Lent (March 3)

April Lunch Menu

Holy Week (April 2-9)

- Palm Sunday Mass - Saturday 4:30pm, Sunday 8, 9:45 11:30am
- Holy Thursday Mass of the Lord's Supper 7pm
- Good Friday Confessions 10am; Stations of the Cross 12 noon
- Good Friday Passion of the Lord Service 3pm



- Easter Vigil on Holy Saturday 8pm
- Easter Sunday 8, 9:45 11:30am

"A Scriptural & Forensics Exploration of our Lord's Passion"
presented by pathologist Dr. Aimee Goodier

Tuesday, April 4
6:30-8:00pm

Most Blessed Sacrament Church



Time & Talent (Service Hours)

Parent's Commitment to Church and School One of the requirements for enrollment and/or retention at Most Blessed Sacrament Catholic School is a commitment to the following agreement.

- In addition to daily prayer at home, the Catholic members of our family will attend Mass every weekend and on Holy Days of Obligation.
- Twenty (20) hours of Time and Talent will be given to the school and/or Church each year. Hours must be completed between January 1 and December 31 to receive the in-parish tuition rate. These hours are reviewed each year.
- A minimum amount of \$325.00 will be donated to the Church to support the stewardship program as an Identified Offertory Giver (IOG). IOGs will receive in-parish tuition. Donations will be verified by December 15 unless otherwise authorized by the Pastor. Any offerings thereafter will count towards the following school year.

Definition of an Hour

One (1) hour is defined as an actual hour of volunteer work or donation purchases of \$10.

New Students Clause

Time and Talent hours are prorated for new students. However, new families must still meet the IOG requirement of \$325.00 to receive in-parish tuition.

Log your Service Hours into FACTS.

Go to Family > Family Home.
You will see "Service Hours" in the middle of the screen. Click "add" to add the hours. You must type in a description. Select "type a custom value," and then type your description.

Sending Items to School

Please label your items that you send to school from a SignUp Genius:

- **Parent Name (signed up on the SUG)**
- **Name of item**
- **Title of Sign Up (ex: 5th Grade Auction Basket)**

This helps us match your hours in FACTS.

Coffee Talk with Principal

Come on in and chat with Mrs. Gioe and get updates on school happenings and coming events!

March 22, 9:00-10:00 am

April 5, 12:00-1:00pm



St. John Room of
Church Office
15615
Jefferson Hwy

RSVP:
225.266.2162

2023-24

Extended Care

Registration is open!

Click

here to Register.



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SATURDAY APRIL 29TH 9:00AM-2:00PM



FOR REGISTRATION AND MORE INFORMATION, PLEASE VISIT OUR WEBSITE AT

click here to register



Mandatory Pep Squad Parent Meeting

For Parents of students going into 3&4 grade

April 4
5:45
St. Ursula

MBS HOME AND SCHOOL EXECUTIVE BOARD MEMMMBERS

✦ N E E D E D ✦

We are looking for
volunteers, to serve in the
following roles:

- President-Elect
- Vice President-Elect
- Secretary-Elect



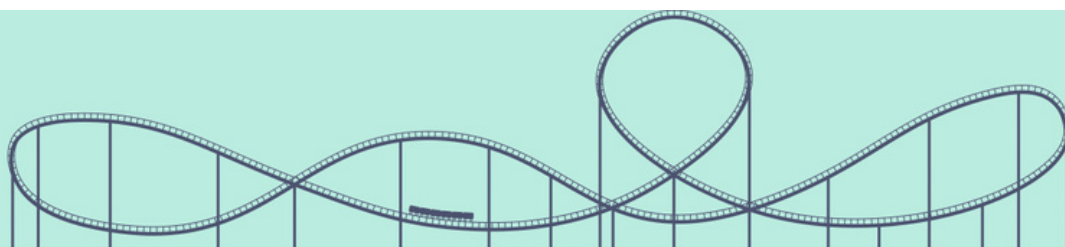
Members will:

- Shadow current members for one year and assume positions in 2024-2025
- Duties include budgeting, planning and facilitating Home and School Activities

Contact Cheri Gioe at
cgioe@mbsbr.org or
Ali Branigan at
ali.branigan3@gmail.com



MBS Parents requesting
bus service for the 2023-24
school year
need to complete this form.
by May 1
School code: 502008



THE EMOTIONAL LIVES OF TEENAGERS

A Virtual Workshop for Parents with
Mary Pesses, LCSW and Alaine Williamson, LPC

Parents will learn:

- What to expect with normal adolescent emotional development and when to worry
- Why mental health is not about "feeling good" but about managing the feelings that fit the moment
- Strategies for when teens feel at the mercy of their emotions
- How to approach today's common challenges with teens such as spiking anxiety and the pull of social media
- Ways to foster the kind of relationship that teens need and ultimately want



March 31, 2023
12:00 - 1:30 pm
Live Stream
Cost is \$75



Questions? Email
info@marypesseslcsw.com

Register Here!



Mary Pesses, LCSW and Alaine Williamson, LPC maintain private practices in Baton Rouge focusing primarily on the mental health of children, adolescents, and young adults. They are committed to the use of sound research and evidence-based practices combined with years of clinical experience.

Parents have the opportunity to submit questions via email, during registration, or throughout the workshop. The research-based content of this workshop is primarily from the works of Dr. Lisa Damour, psychologist, director of the Laurel Center for Research on Girls, and author of *Under Pressure*, *Untangled* and *The Emotional Lives of Teenagers*. © 2016, 2019, 2023 Lisa Damour, PhD.

School Counselor Needed

Did you know...

- Our Guidance Counselor teaches Life Skills to all grades at MBS
- She also coordinates classroom accommodations for our school's ACCESS Program.
- The school counselor ratio is recommended to be 1:250.
- We have been working 1:550 for eight years.
- The mental health needs of our students have skyrocketed in recent years.
- Most common topics we deal with daily are friendship issues, academic concerns, and anxiety.
- We are now seeing isolated incidents of suicide, self-injury, eating disorder, & abuse.
- Ideas are on the horizon for new initiatives to help with our children.

If you know someone who would like to work with our Guidance Counselor, please direct him/her to apply [here](#).

APRIL

NATIONAL CHILD ABUSE
PREVENTION MONTH



**April is
Child Abuse
Prevention
Month.**



Mary,
Our Mother,
protect
and keep
all children in
your loving embrace.
Amen.

**Almighty Father in heaven, I ask for your strong
arms of protection to be around all children.
That they may be held safely within your love.
Fill their days and nights with hope & joy. Fill
their hearts and minds with your truth and light.
We trust in you. Amen.**

April is designated National Child Abuse Prevention Month. We are called through scripture and teaching to protect the life and dignity of all people. Throughout the year, but especially in April, there is a commitment to bring awareness to the community, and to pray for healing for those who have suffered abuse. Child Abuse Prevention Month recognizes the importance of families and communities working together to prevent child abuse and neglect.

In 2008, Prevent Child Abuse America® introduced the blue pinwheel as the national symbol for child abuse prevention.

The pinwheel is a symbol of innocence and joy. Blue is a symbol of hope and heavenly grace. The pinwheel represents the safe childhood that every child deserves, and the role we each play in providing a loving and supportive environment for the children in our lives.

For more information, please visit the links below

<https://diobr.safeenvironment.org/login/index.php>

<https://www.usccb.org/committees/communications/abuse-prevention-resources>

MBS Yellow Pages



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*Proud mom of
Crawford-4th grade
Amelia Jane-2nd grade*



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225.744.3777

laathletics.com

MBS Children:

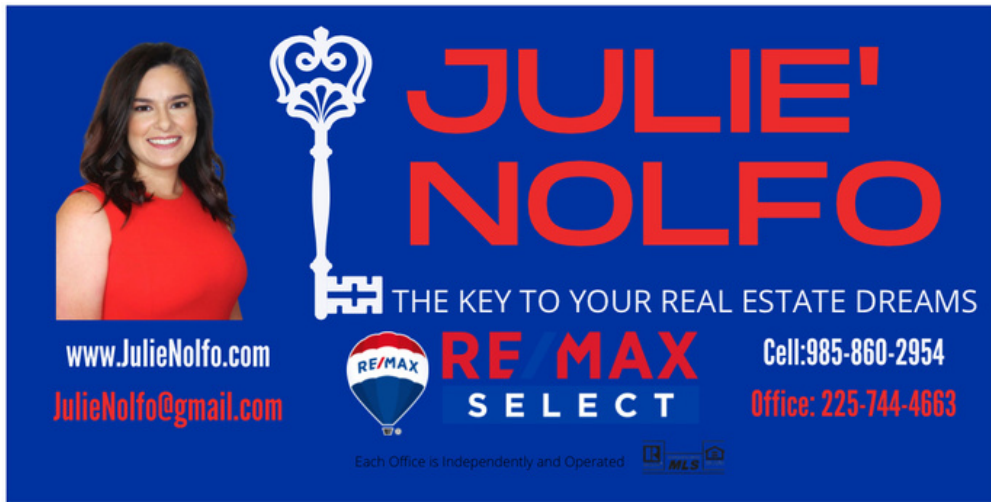
Jocelyn - 5th grade

Hudson - 2nd grade

MBS Children:
Clayton - 5th grade
Marilyn - 3rd grade
Gwendolyn - K



MBS Yellow Pages



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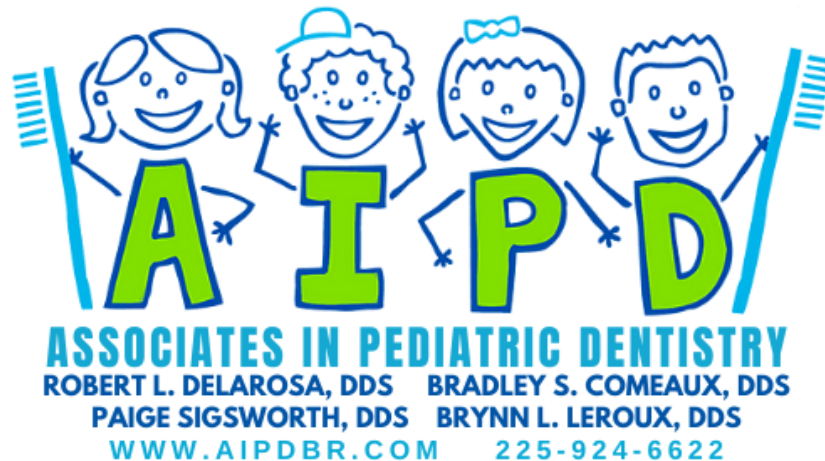
<https://www.welshscleaners.com/>

MBS Children:
Olivia Ostrander PK4
Kylie Ostrander ALUM
Jerry Ostrander ALUM

MBS Children:

Tristan - 8th grade, Paisley - PK

MBS Children:
Bentley - 5th grade
Addison - Alum '22



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MBS Children:
Parker- 2nd grade
Riley - 1st grade

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MBS Children: Ava Santos - Kindergarten

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[Instagram Account](#)

MBS Children: Felicity - 3rd grade



NGUYEN
DENTAL

MBS Children:

Knox, 2nd grade

Luca, ELC, 3YO

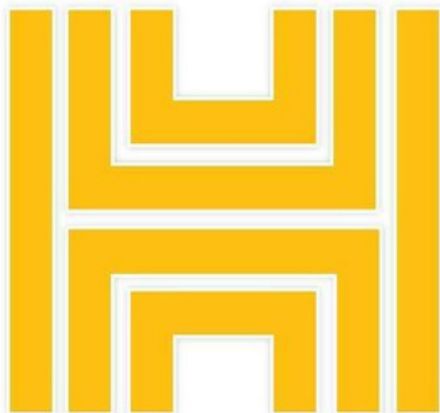
www.nguyendentalcare.com



MBS Children:

Mary Commander - 3rd grade

Maggie Commander -PK



www.HendersonAuctions.com

MBS Children:

Beau Henderson - 6th grade

Anne-Claire Henderson - 2nd grade

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Rouge, LA 70809

MBS Children:
Ryan - Alum
Luke - 7th grade

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MBS Children: Flynn - 4th grade, Hayes - 1st grade

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Facebook

Angela, 241-7191

MBS Children:
Carson - Alumnus,
Bella Rose - 6th grade

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MBS Yellow Pages

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MBS kids:

Arden 6th grade, Ryker 7th grade



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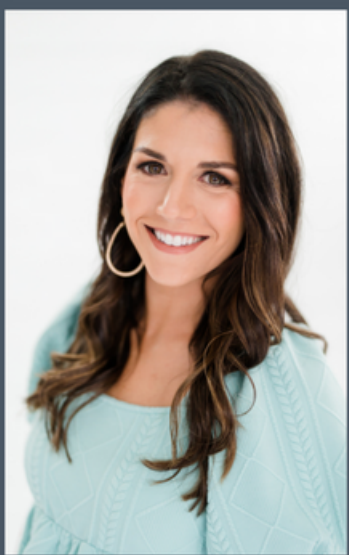
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email | annadboykin@gmail.com

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MBS Children:

James Davis -

4th grade

Luke Davis - ELC, 3YO

MBS Children: Luke - 2nd grade;

Drew - ELC, 3YO

MBS Yellow Pages



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MBS Children: Melody - 2nd grade, Margo - PK4



MBS Children:
Hayes - 1st grade,
Emorie - 7th grade

prairievilleanimalhospital.com



<https://riverparishpt.com/>

MBS Son: Brady Pitre - 7th grade



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MBS Children:
Capri Godso - Kindergarten