



The Pelican Express

Let Go...Let God

AUGUST 27, 2020

DATES FOR YOUR PLANNER

- August 28 - Jennifer Taffaro's (Aide for 1C) Birthday
- September 3 - Dress Uniforms
- September 7 - **Labor Day - No School**
- September 8-11 - ACT Interim (pushed back - won't be this week)
- September 10 - Dress Uniforms; Mrs. Denton's (Computer Teacher) Birthday
- September 11 - Spirit Shirt Day



Gratitude and appreciation to Patrick Yarborough and to all who assist him as members of the Fair Committee to our MBS Parish Fair. It is difficult to live as well as to plan anything with any comfort level due to living in the "limbo" of uncertainties, and the chaos that is often attached. There are a lot of opinions out there and maybe we have some, but here is our reality now. After communication from Bishop Duca, and with which I agree (as you may or may not) we will not have our parish fair this Fall. We are not alone. We won't have anything to take its place in the foreseeable future. We will sit with acceptance of this for the time being and continue to try and keep our children, youth, vulnerable adults, and ourselves safe.

Yours in Christ,
Father Phil

*facts
Info!*

**There is NO
app
available
for us to
use at this
time for
FACTS.
The app
available is
NOT the
same
program
we are
using.**



CORONAVIRUS (COVID-19)

- Should anyone (not just students) in your family have fever, cough, congestion, headache, sneezing, loss of taste/smell, or any other COVID symptom, please keep EVERYONE home and contact Nurse Frances at FAvery@mbsbr.org.
- If you or a family member has been exposed to or diagnosed with COVID, keep everyone home and contact Nurse Frances at FAvery@mbsbr.org
- If you or anyone in your family has been tested for COVID and are awaiting results, keep everyone home and contact Nurse Frances at FAvery@mbsbr.org
- Nurse Frances will walk you through what needs to be done. If that means your student(s) must quarantine, we will allow them to participate in Virtual Learning for the specified time.

For Covid Guidelines,
[CLICK HERE](#)

CHILD PROTECTION

According to the Safe Environment/Child Protection Policy mandated by the Diocese of Baton Rouge, all parish and school ministry volunteers/chaperones must complete a mandatory background check and child protection training.

The United States Conference of Catholic Bishops revised the child protection policies. Please note that all volunteers that have a child protection file must update their file with the revised forms in order to maintain their child protection credentials.

Child protection files that are not updated will be closed during the database sweep in the summer. The update consists of the revised [Code of Ethics \(12-31-2019\)](#) and the online child protection training certificate for [Serving Vulnerable Populations](#).

The [Chaperone and Volunteer Requirements Agreement 2020-2021](#) has been attached also.. Please mark the 2020-2021 grade level of each child in the Class section. Two hours may be counted on your Time and Talent card for updating your child protection file.

Please scan and email the updated paperwork to childprotection@mbsbr.org.

New Volunteer New Volunteer Applications are being accepted at this time. Anyone that has not completed the child protection process for MBS School previously, please email your volunteer request to childprotection@mbsbr.org.

Five hours may be counted towards your Time and Talent hours completing the child protection process.

BLOOD DRIVE THIS SUNDAY AFTER ALL MASSES



Please walk in and register on bus in church parking lot.



The FACTS of Life: **How to find your child's grades**



- Log into FACTS>Family Portal>Student>Student Home
- Select the student whose grades you wish to see. You can change student at the top, center of the screen.
- If you wish to see what comprises the average, click on the grade's hyperlink.

SERVICE HOURS

**CLICK HERE FOR A SIGNUP TO DONATE ITEMS FOR
"TIME & TALENT HOURS"**



WWW.MBSBR.ORG



“When *little people* are overwhelmed by *big emotions*, it’s our job to share our calm, not join their chaos.”

-L.R. KNOST

The Gottman Institute

School Mass Info

Due to the state's COVID guidelines and restrictions, we will limit school liturgies to one grade level per week at the present time. We are limited to the number of participants for Mass, so we are asking family members to refrain from joining school liturgies. If you choose to join us for Mass, please know that you will not be allowed to pull any student prior, during or after Mass due to our mandated guidelines and restrictions. Thank you for your understanding in this matter as our students are able to come together as a Body of Christ.



Have you or your student witnessed how MBS is joined together by love? [Email Penne Leier](#) to have your story in our newsletter and on social media. Pictures are welcomed also.

Shannon Sulfsted

Pre-Kindergarten Teacher
FIRST YEAR AT MBS



Education

Masters of Education, *University of New Orleans*
Ursuline Academy

Patron Saint

Catherine of Alexandria - the patron Saint of teachers

I said yes to MBS because....

We are parishioners of MBS Church, and I have family who attend MBS who spoke highly of the school.

Fun Facts

1. I enjoy traveling, especially to the mountains.
2. I love watching my son play baseball & my daughter in gymnastics.
3. I love Mexican food!



It is estimated that a child with ADHD receives **20,000 more** negative comments than their peers by the age of twelve.



FB / My Little Villagers
www.MyLittleVillagers.com

COUNSELOR'S

CORNER

Can AD/HD be a gift?

It's all in how you look at it. The more you and your child can view the symptoms in a positive way, the less negative impact the disorder will have. Your child's qualities and his day-to-day life actually sound rather pleasant if you view your child's symptoms as a gift.

Symptom	Gift
• Impulsive	• Lives fully in the moment
• Hyperactive	• Energetic
• Daydreaming	• Gets into state of relaxation
• Distractible	• Attends to the unobserved in the world
• Forgetful	• Free from endless list of things to do
• Loses things	• Unbound by material things
• Acts like does not hear	• Easily tunes out annoying stimuli/people
• Talks too much	• Passionate about ideas/interests
• Interrupts	• Excited to share ideas with others
• Repeats same mistake	• Not plagued with guilt for mistakes
• Hates homework	• Incredible capacity for play
• Distorted reality testing	• Unique view of the world
• Obsessed	• Passionate
• Ignores others	• Single-mindedness of purpose
• Bizarre sense of humor	• Unique sense of humor
• Selfish	• Gets own needs met
• Greedy	• Strong desires for more
• Pushy	• Doing what it takes to get more
• No self-awareness	• Free from self-consciousness
• Lack of insight	• Free from preoccupation with own faults
• Focuses on irrelevant	• Finds entertainment in mundane things

Stephen Ministers: The After People

People often ask, "What exactly is a Stephen Minister?" One way to put it is that Stephen Ministers are the *After People*.

Stephen Ministers are there:

- ... *after* the phone call you hoped you'd never get.
- ... *after* the funeral, when everyone has left and the emotions you've held at bay come crashing in on you.
- ... *after* the relationship falls apart and the bottom falls out of your life.
- ... *after* the doctor says, "I'm sorry, but there's nothing more we can do."
- ... *after* the nursing home director shakes your hand and says, "Welcome to your new home."
- ... *after* the last child honks the horn, waves, and drives away—and the house suddenly seems empty.
- ... *after* the gavel comes down, the handcuffs go on, and your loved one is led away.
- ... *after* the baby arrives, demanding more of you than you ever dreamed possible.
- ... *after* you find a pink slip with your final paycheck.
- ... *after* your family and friends have heard your story one too many times, but you still need to talk it out.

Stephen Ministers are the After People. They are ready to come alongside you—or your friends, neighbors, coworkers, or relatives—and provide comfort and support for as long *after* as needed.

www.stephenministries.org

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288-011

MBS Stephen Ministers can help. Stephen Ministers are members of our congregation who listen, care, encourage, and provide emotional and spiritual support to people going through a crisis or change in their lives. Our volunteers have gone through 50 hours of training and are available to walk with you on your journey.

For more information contact
Deacon Mark Berard
mark.berard@yahoo.com
or call at
(225) 421-4484.

MBS MASS SCHEDULE:
SATURDAY: 4:30 P.M./CONFESSIONS 3:00 P.M.
SUNDAY: 8:00 A.M., 9:45 A.M., & 11:30 A.M.
MONDAY: 8:45 A.M. - COMMUNION SERVICE
TUESDAY - FRIDAY: 8:45 A.M. EXCEPT DURING
SCHOOL YEAR WHEN
THURSDAY MASS IS AT 8:15 A.M