



# The Pelican Express

Let Go...Let God

SEPTEMBER 17, 2020

## DATES FOR YOUR PLANNER

- September 18 - Professional Development for Middle School Teachers. **Students in 6-8 do not attend school.** Spirit Shirt day for PK-5.
- September 21-25 - St. Vincent dePaul Collection / ACT Aspire Intermin.
- September 22 - Progress Reports
- September 25 - Professional Development for Teachers in PK-5. **Students in PK-5 do not attend school.** Spirit Shirt day for Middle School students.



## Spirit Shirt Day

*Shirts went home today!*

*Issues with shirts can be directed to Penne at [PLeier@mbsbr.org](mailto:PLeier@mbsbr.org)*

Dress Code for Spirit Shirt Days:

- Girls in grades Pre-K-4 may wear Class Spirit Shirt with approved uniform bottoms or over their smock dress/jumper.
- Girls in grades 5-8 may wear Class Spirit Shirt with approved uniform skirt/skort.
- Boys in grades Pre-K-8 may wear Class Spirit Shirt with approved uniform bottoms.
- Regulation school shoes and socks must be worn.
- In cold weather, regulation sweatshirt, jacket/coat must be worn.
- Spirit Shirts may also be worn with official MBS sweatpants.

- Parent-Student Handbook 2020-21, p41

## BREAKFAST

Last week on the first page of the newsletter, we announced that breakfast is being served 7am-7:40am in Bishop Ott. If your child will participate in the breakfast option, please email Miss Wendy at [WLee@mbsbr.org](mailto:WLee@mbsbr.org). Breakfast options may be found on our website:

<https://www.mbsbr.org/student-life/cafeteria>

Students who are attending breakfast and arriving through the bus or carpool. Please arrive at school as you would typically do. Once you exit the bus or car line, walk along the sidewalk to the Ott Center for breakfast. All students who would like to eat breakfast must arrive by 7:40 a.m.

# CORONAVIRUS (COVID-19)

- Should anyone (not just students) in your family have fever, cough, congestion, headache, sneezing, loss of taste/smell, or any other COVID symptom, please keep EVERYONE home and contact Nurse Frances at [FAvery@mbsbr.org](mailto:FAvery@mbsbr.org).
- If you or a family member has been exposed to or diagnosed with COVID, keep everyone home and contact Nurse Frances at [FAvery@mbsbr.org](mailto:FAvery@mbsbr.org)
- If you or anyone in your family has been tested for COVID and are awaiting results, keep everyone home and contact Nurse Frances at [FAvery@mbsbr.org](mailto:FAvery@mbsbr.org)
- Nurse Frances will walk you through what needs to be done. If that means your student(s) must quarantine, we will allow them to participate in Virtual Learning for the specified time.

For Covid Guidelines,  
[CLICK HERE](#)

## REVISED CHILD PROTECTION POLICIES UPDATE FOR CURRENT FILES EXTENDED



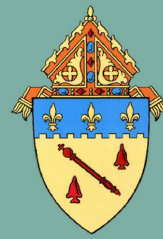
**The United States Conference of Catholic Bishops revised the child protection policies. Please note that all volunteers that have a child protection file must update their file with the revised forms in order to maintain their child protection credentials.**

**Child protection files that are not updated will be closed during the database sweep. The sweep of the database has been postponed for a few weeks. There is no set date for the sweep, so please update your file now.**

**The update consists of the revised Code of Ethics (12-31-2019) and the online child protection training certificate for Serving Vulnerable Populations. See attachments below for more information on updating.**

**The Chaperone and Volunteer Requirements Agreement 2020-2021 has been [attached](#) for your convenience. Please mark the 2020-2021 grade level of each child in the Class section. Please scan and email the updated paperwork to [childprotection@mbsbr.org](mailto:childprotection@mbsbr.org). Please note that two Time and Talent hours may be counted this year for updating your child protection file.**

FOR PARENTS AND GUARDIANS



# CIRCLE OF GRACE

## KEY CONCEPTS

DIOCESE OF BATON ROUGE

### Office of Child and Youth Protection

#### God Gives Us A Circle of Grace

##### Where He Is Always Present

*Raise your hands above your head, then bring your outstretched arms slowly down. Extend your arms in front of you and then behind you embrace all the space around you slowly reach down to your feet. Knowing that God is in this space with you. This is your Circle of Grace; you are in it.*

#### GOD IS PRESENT

##### Because He Desires A Relationship With Us

*God is with us when we are happy and sad. God does not cause bad things to happen to us. He loves us very much. • God desires to help us when we are hurt, scared or confused (unsafe). • Having faith may not take away all of life's struggles. It is because of these struggles, God promised to always "be present" providing guidance and comfort in our time of need.*

#### GOD HELPS US KNOW

##### What belongs in our Circle of Grace

• Our feelings help us know about ourselves and the world around us. • God helps us know what belongs in our Circle of Grace by experiencing peace, love or contentment when something or someone good comes into our Circle of Grace.

#### GOD HELPS US KNOW

##### What does not belong in our Circle of Grace

• God desires to help us when we are hurt, scared or confused (unsafe). • The Holy Spirit prompts (alerts) us that something does not belong in our Circle of Grace by giving us "a funny or uncomfortable feeling" that something is not safe. This feeling is there because God wants us to be safe.

#### GOD HELPS US KNOW

##### When to ask for help from someone we trust

• God gives us people in our lives to help us • God wants us to talk to trusted grownups about our worries, concerns or "funny/ uncomfortable feelings" so they can help us be safe.



# St. Vincent dePaul Closet Clean-out

The fifth graders are sponsoring their annual Closet Clean-out project to help the St. Vincent dePaul stores that help clothes the needy in our community.

## VOLUNTEER



### New Volunteer Applications

are being accepted at this time. Anyone that has not completed the child protection process for MBS School previously, please email your volunteer request to [childprotection@mbsbr.org](mailto:childprotection@mbsbr.org).

Please note that five hours may be counted for your Time & Talent hours for completing the child protection process.

Please donate gently-used clothing items. Place your donations in plastic bags or small boxes that the 5th graders will be able to carry. Send the items with your child to school. If you need to drop off your items, you are invited to bring them to the front gate on the morning of

**Wednesday, September 30.**



## HURRICANE LAURA RELIEF DRIVE



Most Blessed Sacrament  
Catholic Church

### SEPT 11 - 20

#### DROP OFF

#### MBS CHURCH

place items in bins located  
outside church doors under  
walkway (Woodlawn side)

### GIFT CARD DONATIONS

Gift Cards are Needed

gift cards must be delivered  
to the church office during  
office hours no later than  
September 21

### ITEMS NEEDED

- Heavy Duty Garbage Bags
- Heavy Duty Gloves
- Fix-A-Flat Cans
- Bug Spray (body & yard)
- Charcoal
- Carbon Monoxide Detectors
- Gas Cans
- Paper Towels
- Mops
- Brooms & Dustpans
- 5 Gallon Buckets
- Towels for Cleaning
- Bleach & Disinfectants
- Hand Sanitizers

we are NOT collecting food, water, clothing, or hygiene items



[WWW.MBSBR.ORG](http://WWW.MBSBR.ORG)



# Lauren Stevens

Kindergarten Teacher  
FIRST YEAR AT MBS



## Education

Bachelor of Science, Early Childhood Education  
Bachelor of Arts, Mass Communications  
*University of Louisiana at Lafayette*

## Patron Saint

St. Anthony

## I said yes to MBS because....

Our family said yes to MBS when we joined the Church Parish and chose MBS for our children's education. It was only natural that I teach here.

## Favorite MBS tradition

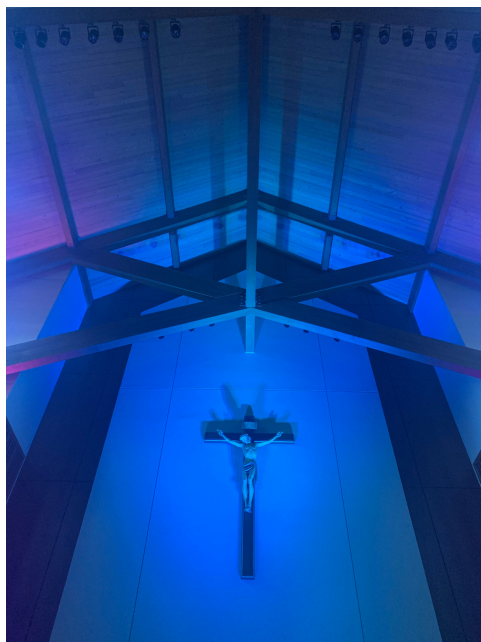
I love that every grade level has a service project that builds throughout the years.



# ACT ASPIRE

Monday-Friday, the students will be taking their ACT Aspire standardized tests. Parents, please help us get your child "test ready" with a good night's sleep and a healthy breakfast. Parents can also help support their students with simple phrases like "don't stress, do your best!"

COUNSELOR'S  
CORNER



From Father Phil:

So much noise, it seems. Everywhere. Much of it not pleasant, not prayerful. Come be present to some beautiful, meditative, contemplative, spiritual, restorative noise~whether it be the “sound of silence,” song prayer, or intercessory prayer...

All are invited to our

**Taize’** (Tay-say) **Prayer Service** on  
Sunday, September 20, 6:30-7:30pm in the church.  
Masks, as well as social distanced  
seating, are required.

## JUST A NOTE ABOUT **CARPOOL**

**THANK YOU** TO those carpool drivers on Jefferson Hwy, who are turning right into the parking lot. We see you and thank you when you allow those drivers who are turning left go in front of you.

#kindnessmatters #actionsspeakloudly

Did you know that  
the carpool line is at its shortest from 7:20 to 7:35, and  
at its longest (reaching Jefferson Hwy)  
from 7:40 to 7:50?