



# The Pelican Express

Let Go...Let God

JANUARY 7, 2021

## DATES FOR YOUR PLANNER

January 8 - Spirit Shirt Day

January 11 -15 - Continuing Students Reenrollment

January 13 - Praise & Worship (grades 3-5) at 7:20am

January 14 - Mass / Dress Uniforms / 1st Semester Awards

January 15 - Pajama Day - Must Donate to Jill Penno Scholarship

January 18 - MLK Day - No School

LOOKING  
ahead

- Mon, January 18 - No School - MLK Day
- Tues, January 19 - Middle School does not attend; Professional Development for MS Teachers
- Wed, January 20 - PK-5 does not attend; Professional Development for PK-5 Teachers
- Feb 15-19 - Mardi Gras
- Feb 26 - PK-5 does not attend; Parent/Teacher Conferences for PK-5
- Mar 1 - MS does not attend; Parent/Teacher Conferences for Middle School

January

MENU

Choices are still not available at MBS.

## Jill Penno Scholarship



Jill Penno was an MBS student who passed away during her eighth-grade year after being diagnosed with a brain tumor. To honor her memory, the Jill Penno Memorial Scholarship is awarded each year to a seventh-grade student that models Jill's outstanding qualities.

On Friday, January 15, the MBS Student Ambassadors are sponsoring Pajama Day to raise money for the scholarship fund. Any students who bring in a monetary donation of \$2 or more on this day may wear their coziest and comfiest pajamas to school. Students must wear athletic shoes. Donations may be made in the form of cash or a check made out to MBS.

# CORONAVIRUS (COVID-19)

- Should anyone (not just students) in your family have fever, cough, congestion, headache, sneezing, loss of taste/smell, or any other COVID symptom, please keep EVERYONE home and contact Nurse Frances at [FAvery@mbsbr.org](mailto:FAvery@mbsbr.org).
- If you or a family member has been exposed to or diagnosed with COVID, keep everyone home and contact Nurse Frances at [FAvery@mbsbr.org](mailto:FAvery@mbsbr.org)
- If you or anyone in your family has been tested for COVID and are awaiting results, keep everyone home and contact Nurse Frances at [FAvery@mbsbr.org](mailto:FAvery@mbsbr.org)
- Nurse Frances will walk you through what needs to be done. If that means your student(s) must quarantine, we will allow them to participate in Virtual Learning for the specified time.

For Covid Guidelines,  
[CLICK HERE](#)

## OFFICE OF CHILD PROTECTION

According to the Safe Environment Policy mandated by the Diocese of Baton Rouge, all parish and school ministry volunteers/chaperones must complete a mandatory background check and Baton Rouge Diocesan child protection training.

Child Protection credentials allow the holder of these credentials the opportunity to chaperone/volunteer at MBS School. All credentialed adults must abide by the sign-up and confirmation process for each event.

Please be aware that many files have been closed due to inactivity, and/or files not being updated.

For assistance with child protection credentials, please contact Mrs. R Landry at 225-753-5526 or [childprotection@mbsbr.org](mailto:childprotection@mbsbr.org)



**Praise & Worship** will meet in  
St Ursula

on January 13 at 7:20am.

Members are encouraged to wear P&W shirts to school on meeting date. Donuts, milk & OJ will be served. Please let Mrs. Boudreaux know of any food allergies prior to the meeting date.

Sports Pics for Cheer, Dance, Volleyball & Boys Basketball will be on February 3. These athletes must bring their uniform to school. No one is allowed to call home for a uniform.

**Re-enrollment for  
continuing students  
is 1/11-1/15**

**CLICK  
HERE!**

**Auto  
Draft**

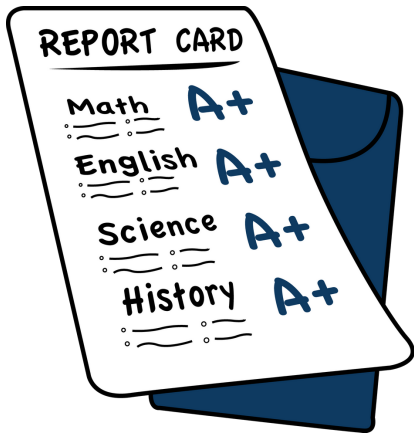
Click here to print a Church Offertory Auto Draft Form. Send completed forms to School Office with your child. We will get it to the Church Office for you!

# principal

Ring in the New Year  
by Living your Faith

As we enter 2021, it is no doubt that we are leaving a very tough year behind. That is the beauty of a new year. We can start over. As we look to our faith reconciliation is also a way of starting over. It allows us to give our transgressions to God and look forward to doing better tomorrow. Looking ahead how can we do better? How can we expand our capacity for living out our holiness? Here are some ideas that can be easily incorporated into our daily lives. I challenge you to join me in living your faith this year, with intention.

1. When using a gift, say a prayer for the giver. For example, every time you use that milk-frother from your mother, say a short prayer for her or simply ask God to watch over her.
2. Commit random acts of kindness which can include random moments of prayer for someone.
3. Make a weekly appointment with Jesus by visiting the tabernacle or adoration. The more time you spend with Him, the more you receive from Him. (Matthew 7:10)
4. Bounce-back – Whatever you do for others comes back to you.
5. Become invisible – Look for invisible ways to do good – examples – skip the closest parking, leaving it for someone else, put away a shopping cart that has been left out. God will see what you have done in secret and will reward you. (Matthew 6:6.)
6. Read the Bible – Just open it and read a verse each day.
7. Give praise to an employee at a local store. Better yet tell their supervisor. Even better yet, pray for them.
8. Fast everyday by skipping fries, ketchup, butter. Sacrifice something you take for granted.
9. When waiting (for anything,) say a prayer.
10. End every in-person purchase with “thank you and God bless.” Pray for them as you leave or they leave you.
11. Use the sound of sirens, flashing lights and funeral processions as a time to pause for prayer for those who are responding and those who are suffering. If in the car, pull off the road, silence your radio and respectfully pray. I once worked with a teacher whose school was on a busy street, near a hospital. Every time an ambulance would pass by, her students immediately stopped what they were doing and made the sign of the cross.
12. Get over yourself. Thank God for your failure and let Him take the lead.
13. Get to know the saint of the day, pray for Church members who have joined the Church or have celebrated the sacraments of Baptism, Reconciliation, First Eucharist, Confirmation, Marriage, Holy Orders or those who have died.
14. Donate something personal that you love to someone.
15. Wear a sign of your faith, crucifix, medal, rosary bracelet. It is a witness to your faith.
16. Fast from social media, coffee, wearing jewelry, (anything but make sure it is something you love.)
17. Have a no-complaint day each week. EVERYTHING counts, even weather and exhaustion.
18. Invite a priest to dinner and ask him to bless your house, family, and meal.
19. Praise people sincerely and unexpectedly.
20. Give unexpected gifts...it does not have to be large. Treat someone to a coffee, bring them a muffin for breakfast, put a tray of cookies in the break room, bring cookies to the fire station. It's the thought that counts.



Report Cards link has been emailed to you. FACTS Family Portal is open. Report cards may also be viewed there in Student section.



Items are needed this week. Please click [here](#) to see items to donate to the office.

Volunteers are needed next week. Please click [here](#) to help at the Church.

- MBS Sweatshirt: YS & another without tag/size
- Pink rainbow necklace
- Black adjustable bracelet
- Black glove
- White water bottle



We are Pelican Proud of Mrs. Gioe for receiving **The 2020 Outstanding Principal Award by Girl Scouts Louisiana East**. Mrs. Gioe was a dedicated and successful Troop Leader at Our Lady of Mercy School for her daughter's Girl Scout Troop and continues her service to the Girl Scout Organization as principal of Most Blessed Sacrament Catholic School. Most Blessed Sacrament's mission to serve God, its Church and the community mirrors the promise of a Girl Scout to serve God, her country and to help people at all times. Fostering a school community to model honesty, friendliness, compassion, responsibility and respect, all attributes in the Girl Scout Law, is a daily endeavor for Mrs. Gioe.

**LOST & FOUND**



# Ali Branigan

Fifth Grade ELA Teacher  
Second Year at MBS



## Education

Louisiana State University  
*Bachelor of Arts, Elementary Education*

Who is your favorite saint?  
St. Gabriel

## Why did you say YES to MBS?

We have been members of the church here for several years. We feel in love with the community immediately and knew we wanted our children to go to MBS. I always wanted to teach at the school my children would attend.

## List three fun facts about yourself.

- I have three amazing children.
- I love to bake.
- I am crafty and love organization!



COUNSELOR'S

CORNER

