



Bible Study
Pastor Johnell Thomas

Wednesday, February 2, 2022

GOD'S ANTIDOTE FOR WORRY

An antidote is the cure for what's ailing you. If you are bitten by a poisonous snake, the snake's venom gets in the bloodstream and as it travels, can cause blood clots and blood vessels to leak. This can lead to internal bleeding, heart, respiratory and kidney failure, causing one to die. But the antidote counteracts the poison. The anti-venom neutralizes the snake's venom, thereby saving one's life.

Addiction to opioids is a huge problem in America. People are overdosing on opioids such as: heroin, morphine, fentanyl and oxycodone. These drugs are so potent, people are becoming addicted which leads to overdose (death). If caught in time and given the antidote, Naloxone commonly known as **Narcan** (a medication approved by the FDA) rapidly reverses the effects of opioid overdoses. **Narcan** is an opioid antagonist, meaning that it binds to opioid receptors, reverses, and blocks the effects of opioids, thereby saving lives.

The pressure of life today with Covid-19, Delta and Omicron variants, social distancing, mask wearing, high Covid related deaths, car jackings, robberies, murders, shortages of goods, high prices of goods, businesses closing, and no one knowing what the future holds lends to a **worried population**, which leads to stress, depression, health issues, discouragement, and unhappiness. But God has the antidote for worry...**PRAYER**.

Background: The church in Philippi faced at least three problems. First, the persecution from those outside of the Church by non-believers. Secondly, they were threatened by the possibility of false teachings similar to that which had infiltrated other churches. Thirdly, they struggled with conflict in the Church between two women who were not getting along causing friction in the Church. These Believers faced external and internal conflict.

Paul wrote from prison to the church in Philippi. He told them not to worry about the trials they were facing because God had the antidote.

Lesson scriptures are coming from Philippians 4:4-9.

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| 1) Joy | v.4 |
| 2) Evident of a Christian | v.5a |
| 3) His return | v.5b |
| 4) Don't worry | v.6a |
| 5) Pray about it | v.6b |
| 6) Remember | v.6c |
| 7) The Peace of God | v.7a |
| 8) Guarded | v.7b |
| 9) Development | v.8 |
| 10) Put it into practice | v.9a |
| 11) Show Himself | v.9b |