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**Bible Study**  
Pastor Sam Young, Jr.

**Wednesday, March 2, 2022**

## **HINDRANCES TO AN EFFECTIVE PRAYER LIFE**

### **Introduction**

It is a truism of the church that believers, at one point in time, may feel discouraged in their prayer life. A believer may feel that he cannot connect with God like he used to, as if his prayers stop at the ceiling and bounce on the floor. A believer may even lack the desire to prayer. If you feel this way, the purpose of this lesson is to help you examine your prayer life and see what may be destroying your ability or desire to pray.

### **LACK OF TRANSPARENCY WITH GOD AND WITH OTHERS – James 5:16**

James mentions a truth about God in this verse. When we confess our sins to one another, which requires us to be absolutely transparent, God is able to heal and cleanse us. We experience a spiritual, physical, and emotional restoration.

### **UNFORGIVENESS – Saint Matthew 6:14-15**

A Christian who does not forgive another cannot enter prayer with bitterness and come out with blessings. God will not pardon one who will not pardon another.

### **IDOLS IN OUR LIVES – Ezekiel 14:3**

After reading this scripture, I find that God does not even want an idol worshiper to talk to Him. On the other hand, when we remove idols from our lives, we become a wonderful candidate for a personal revival.

### **DISREGARD FOR OTHERS – Saint John 13:34**

God desires for us to have unity with all believers. One of the many benefits of prayer is that it helps us to learn to love others. It's impossible to sincerely pray and sincerely hate or dislike someone at the same time.

### **DISREGARD FOR GOD'S SOVEREIGNTY – Saint Matthew 6:9-10**

When Jesus gave His disciples this model prayer as a guide on how to pray, the first thing He did was to teach them to honor God for who He is. God is sovereign which means that He is in charge. Believers are His children under His authority.

### **UNSURRENDERED WILL – Saint John 15:7**

In this parable, the branch depends on the vine and lives in one accord with it. In return, the vine provides it with everything it needs, and the result is great fruitfulness.

## **Conclusion – YIELD NOT TO TEMPTATION!!!!!!**