



AM Bible Study
Pastor Johnell Thomas

Wednesday, February 15, 2023

TRUSTING GOD IN HARD TIMES

We all face adverse events and situations in life. You might be going through a season of hardship in your life at this time. This could be a job loss, struggles on the job, finances, sickness, mental illness, divorce, marital problems, disobedient child, relationship issues, loss of a love one, loneliness, etc. But whatever the challenge, we can have the determination to see things through as we find our strength in God.

GOING THROUGH

Putting our faith and trust in God doesn't stop trials and tribulations from coming. As a matter of fact, children of God will face difficulty, given Satan is our enemy and is out to destroy us and make our lives miserable. John 10:10a says, "*the thief comes to steal, kill and destroy*"; that's his goal. We must always remember what we are dealing with is temporary, not permanent.

DON'T ISOLATE

When people are going through hardships and it's weighing them down, sometimes the tendency is to isolate oneself from others, stay home, stop coming to church, which gives you more time to ponder, think about what you are going through which can lead to depression. I'm not saying we shouldn't take time to evaluate the situation, we should, but we should not insulate ourselves from others. This is the time to come to church, be around believers that can pray for you, support you and encourage you.

HOW DO WE TRUST GOD IN TRIALS

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| 1. Pray | <i>Philippians 4:6-7</i> |
| 2. Focus on God's Love | <i>Romans 8:35-37</i> |
| 3. Change your perspective | <i>James 1:2</i> |
| 4. Purpose of trials | <i>James 1:3</i> |
| 5. Let the trial serve its purpose | <i>James 1:4</i> |
| 6. Ask for understanding | <i>James 1:5</i> |
| 7. Ask in faith | <i>James 1:6</i> |
| 8. Don't doubt Him | <i>James 1:7-8</i> |