

Office: 504-488-8488 Fax: 504-488-8489 www.franklinabc.com

P.M. Bible Study Pastor Sam Young, Jr. - Teacher

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FACTS ABOUT TEMPTATION

Introduction

Temptation is a desire to engage in short-term urges for enjoyment that threatens long-term goals. Temptation is the inclination to sin. Please note that we cannot generally overcome temptation in our own strength. We must rely on the strength and power of God. Temptation in and of itself is not a sin; the sin is when we yield to that temptation. Usually, we give in to temptation because our flesh wants to experience it. However, temptation is one of those pesky facts of life we have to deal with because of the Fall of man through Adam and Eve (thanks a bunch, Adam and Eve). Please, please, please don't give into despair because you're experiencing temptation. Being tempted is a fact of life. It's falling for temptation that leads to sin.

FACTS TO REMEMBER

Temptation is common – First Corinthians 10:13

We can resist temptation with God's help – First Corinthians 10:13

There is always a way out of the temptation – First Corinthians 10:13

Temptation will always be an issue in our lives – James 1:12

Temptation doesn't come from God - James 1:13

Temptation leads to sin – James 1:14-15

Even Jesus was tempted by the devil – Saint Matthew 4:1-11

Conclusion

God is faithful in the midst of our temptation even when we are not. In order to confront or defeat our temptations we must focus on the Holy Spirit and live as He commands. He will let us know what to do in the midst of the temptation. In closing we must renounce ourselves, our will and our trust and focus on the will of the Almighty God. Is this easy to do? Well.....