



Bible Study

Wednesday, January 10, 2024

Biblical Praying

As part of our church-wide 21 days of fasting and prayer, last week we taught a lesson on fasting. Tonight, we will look at the second part of this 21-day Biblical discipline that goes hand in hand with fasting-Biblical Praying.

I. What is Prayer?

1. Prayer is how we communicate with God and how we talk to God.
Jeremiah 33:3; John 15:7

II. Why do We Pray?

1. To follow the example of Jesus, who often called on His Father in prayer.
Matthew 26:36-39; Mark 6:45-46; Luke 6:12-13

III. When Should We Pray?

1. As often as we need to throughout the day and night. *1st Thessalonians 5:17*

IV. How Should We Pray?

1. Begin with praise and thanksgiving for what He's already done. *1st Thessalonians 5:18*
2. Prayer of confession to be assured of answered prayer. *Psalms 66:18*
 - Confess sins of the tongue – things we've said. *James 1:26*
 - Confess sins of action – things we've done. *Romans 7:15-24*
 - Confess sins of thought – ungodly things we've thought. *Romans 12:2*
 - Confess sins of omission – things we should have done. *Matthew 25:41-46*
3. Why is it important to confess sin?
 - We have God's promise that He will forgive us. *1st John 1:9*
4. Prayer of Intercession
 - When we pray on behalf of others. *1st Timothy 2:1-3*
5. Prayer of Petition
 - When we ask God for something *Philippians 4:6*

Brothers and Sisters, Jesus said in *Matthew 17*, that some things only happen because of prayer and fasting – they work together!