

Bible Study

Wednesday, January 31, 2024

<u>"HOW TO DEAL WITH DEATH"</u>

The death of a loved one is one of the difficult, one of the most painful, and one of the most trying times for all of us. Whether it is the death of a parent, the death of a spouse, the death of a child, or the death of a sibling, death is something that none of us can get used to. Because of the number of deaths we have faced in this month, tonight's Bible Study will focus on <u>How to Deal with Death</u>.

I. The Stages of Grief

Grief is an intense, emotional suffering caused by personal loss.

1st Stage – Shock or numbness

2nd Stage – Emotional release

- 3rd Stage Denial
- 4th Stage Guilt
- 5th Stage Anger
- 6th Stage Acceptance

II. Three Biblical Realities About Death

1. God has a plan.	John 14:1a
2. God has a purpose.	John 14:1b
3. God has a place.	John 14:2-3

III. What Happens After Death

- 1. A believer's soul and spirit are taken to Heaven. 2nd Corinthians 5:8
- 2. At the Second Coming of Christ (Rapture) the Believers physical body is resurrected, glorified and reunited with the soul and spirit. 1st Thessalonians 4:13-18
- 3. All believers will spend eternity in Heaven with God. *Revelation 21:1-4*

Brothers and Sisters, because of the sin of Adam and Eve, all of us will face the reality of death. However, the good news is that after this life, we will spend eternity in a prepared place for prepared people – Heaven!