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FACTS ABOUT TEMPTATION

We are told in the Bible that Jesus in every respect was tempted as we are, yet without sin. *Hebrews 4:15.*

A misinterpretation of Scripture reinforces the assumption that to be tempted is a sin. God helps us to resist temptation.

Avoiding temptation helps us to move forward in our growing relationship with Jesus. No one can say when he/she is tempted that they are tempted by God – *James 1:13-15*.

We have an escape route to say no to temptation – First Corinthians 10:13. Jesus commands us to watch and pray that we enter not into temptation – Saint Mark 14:38.

To be tempted is not a sin; however, yielding to temptation is the sin.

Temptation is the battleground of character as we exercise our freedom to choose whom we will serve – God, satan or man.

In the midst of the temptation, the Holy Spirit does not leave us.

We have a friend in God who is faithful and not fickle, who is present in strength with us in our hour of temptation.

Our lack of awareness of temptation does not mean it has vanished.

Our motives of heart can lead to temptation, but it is the yielding to the thoughts which are sin.

We are not ignorant of his (satan) devices - Second Corinthians 2:11.

"Walk by the Spirit, and do not gratify the desires of the flesh - Galatians 5:16.