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11am Bible Study:
Pastor Will Lloyd, IV, MTS

Topic: Session 2 - In, Then Through
Series Title: One at a Time
Chapters: Mark 1:33-35 Sep24, 2025



<https://app.rightnowmedia.org/join/fabcnola>

Series Description: Nobody grows up dreaming of waking up, going to work, heading home, watching Netflix, scrolling through social media, and then *doing it all over again* the next day until their last breath. We all want to be used to *change the world*. We don't want to spend our lives being time-wasters, or space-takers, or binge-watchers, or game-players, or even book-readers. We want to be **difference-makers**. But it's easy to get caught up in the *everyday stuff of life* until the years slowly go by, and with each passing year, the question seems to get louder: *Am I making any difference in this world?* We want to make a difference, but there are so many opinions on the way to do that. Maybe there's a different way to make a difference, and we're just missing it. Without a doubt, **Jesus** is the person who has made the **biggest difference** in all of history. So, *how did Jesus make such a difference in this world?* If we study the story of his life as recorded in the Gospels, there are a number of answers we could highlight, but there's one particular phrase that captures how Jesus had such an impact, and this phrase is how he wants to use us to make a difference: **one at a time**. Making a difference **isn't measured by** a viral post, one popular church event, one popular sermon, or one popular bible study. It isn't determined by a following or a fan base. Making a difference isn't dependent on what's in your bank account or who's in your contacts. **Want to make a difference?** Focus on the **one**. That's it. *That's the secret of the way of Jesus. **One at a time**.*

Video Notes:

SESSION 2: IN, THEN THROUGH

 **Big Idea:**
*Jesus knew the value of God's work in Him before
the work could happen through Him.*

1. A lifehack is a shortcut to get something done quickly and efficiently. Check out this amazing list as a group: [mentalfloss.com/article/531059/brilliant-life-hacks-you-need-try](https://www.mentalfloss.com/article/531059/brilliant-life-hacks-you-need-try). What are some of your favorite lifehacks?
2. Jesus knew the value of God's work *in* Him before the work could happen *through* Him. Open up Mark 1:33-35 together.

DISCUSSION

Discuss the following questions with your group as you read through the text. If your group is larger, consider breaking into smaller groups.

- Verse 33 says the whole town gathered at the door to see the impact of Jesus' work. Can you imagine the needs and demands that came with those people? Have you ever had days when it felt like the whole world was at your door needing something from you?
- The day after, Jesus responded not by sleeping in but by getting up early to spend time alone with His Father in prayer. There are several things Jesus modeled for us in that moment. Which one hits you the hardest, and which one do you believe your life needs the most right now?
- When you read in Scripture about the things Jesus did, do you feel like they are great methods for Him but not very applicable to you, or are they something you should apply to your life?



3. Do you start your day in prayer, asking the Spirit to work in you so that He might impact the world through you? What are some reasons why that is often a struggle?
4. How does switching the prayer from "God, what do You want to do *through* me?" to "God, what do You want to do *in* me?" change your daily approach to impacting others?

End the group by having everyone set a new alarm on their phone called the *In and Through* alarm. Set the new alarm 15 minutes before the normal start time for the day, and commit to spending that time asking God to work in you as you seek to know and obey Him each day. Invite group members to share in the group text any experiences they have with the work God does in their lives through these prayers. Southeast would love to hear those stories! Email those to us at OneAtATime@secc.org.

What can God do through me today?