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11am Bible Study:
Pastor Will Lloyd, IV, MTS

Topic: Session 5 - Extra-Mile Mentality
Series Title: One at a Time
Chapters: Matt. 5 Oct. 22nd, 2025



<https://app.rightnowmedia.org/join/fabcnola>

Series Description: Nobody grows up dreaming of waking up, going to work, heading home, watching Netflix, scrolling through social media, and then *doing it all over again* the next day until their last breath. We all want to be used to *change the world*. We don't want to spend our lives being time-wasters, or space-takers, or binge-watchers, or game-players, or even book-readers. We want to be difference-makers. But it's easy to get caught up in the *everyday stuff of life* until the years slowly go by, and with each passing year, the question seems to get louder: Am I making any difference in this world? We want to make a difference, but there are so many opinions on the way to do that. Maybe there's a different way to make a difference, and we're just missing it. Without a doubt, **Jesus** is the person who has made the **biggest difference** in all of history. So, *how did Jesus make such a difference in this world?* If we study the story of his life as recorded in the Gospels, there are a number of answers we could highlight, but there's one particular phrase that captures how Jesus had such an impact, and this phrase is how he wants to use us to make a difference: one at a time. Making a difference isn't measured by a viral post, one popular church event, one popular sermon, or one popular bible study. It isn't determined by a following or a fan base. Making a difference isn't dependent on what's in your bank account or who's in your contacts. **Want to make a difference?** Focus on the one. That's it. *That's the secret of the way of Jesus.* One at a time.

Video Notes: _____

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SESSION 5: EXTRA-MILE MENTALITY

* Big Idea:

Jesus used the power of an extra-mile mentality to gain the attention of someone who might otherwise ignore Him.

1. What are some foods you refuse to eat without salt or some kind of seasoning? Don't feel like you need to rush this discussion.
2. Open up Matthew 5:13 together.

DISCUSSION

Discuss the following questions with your group as you read through the text. If your group is larger, consider breaking into smaller groups.

- Jesus made a comparison between how we treat people and the salt on food. What does it look like when believers are salt-of-the-earth people?
- Jesus went on to argue that when salt loses its purpose, it gets thrown out and trampled on. How do you react to that statement, knowing His followers are the salt?

3. Read Matthew 5:41 in a few different versions together.
 - Have you been forced to go the extra mile for someone when it wasn't convenient?
 - Have you ever had someone go the extra mile for you?
 - Have you ever gone the extra mile when someone wronged you?

4. What sometimes prevents us from wanting to go the extra mile?
5. In the Gospels, Jesus flipped upside-down what it means to truly influence others for lasting change. Here in Matthew 5, we see the power of extra-mile mentality to gain the attention of someone who might otherwise ignore the call of Jesus. This is our prayer this week:

* *Jesus, remove my pride when the moment hits, so I can go the extra mile when it counts. May I be the salt of the earth in the little moments with the people who need it the most. Amen.* *

End the group by asking members to share in the group text any experiences they have with the work God does in their lives through these prayers. Southeast would love to hear those stories! Email those to us at OneAtATime@secc.org.

WHO CAN I GO THE
EXTRA MILE FOR
THIS WEEK? ↷

