



6:30pm Bible Study: Pastor Chip Luter

Wednesday, February 11, 2026

Building Up Without Burning Out
What Must We Remember to Build Our Faith from the Inside Out?
Colossians 3:12-17

Opening Discussion

- Have you ever felt spiritually tired or burned out—even while trying to do good things? If so, what do you think contributed to that?
- Why do you think spiritual growth can sometimes feel exhausting instead of life-giving?
- What's the difference between obeying out of obligation and obeying out of relationship?

Opening Quote

"The Christian life is not imitation, but incarnation—Christ living His life through us."
Warren Wiersbe

I. Context: The Book Of Colossians

- **Author:** The Apostle Paul (written during imprisonment)
- **Background:** Paul writes after hearing from Epaphras that false teachings were troubling the church in Colossae.
- **Main Issue:** These teachings diminished the supremacy and sufficiency of Christ.
- **Paul's Message:** Believers are complete in Christ, and true spiritual growth comes from living out that identity, not following religious rules.
- **Colossians 3:** Because believers are alive in Christ, they are called to put on the new life and live differently from the inside out.

II. To Build Our Faith From The Inside Out...

- 1.) We Must Remember **Who We** _____ (v. 12a)
 - 1 Peter 2:9-10; 2 Corinthians 5:17
- 2.) We Must Remember **What We** _____ (v. 12b-14)
 - Romans 13:14; Ephesians 4:22-24; Galatians 5:22-23
- 3.) We Must Remember **What** _____ **Us** (v. 15-16)
 - John 15:4-5; Psalm 119:105; Philippians 4:6-7
- 4.) We Must Remember **Who We** _____ (v. 17)
 - 1 Corinthians 10:31; Romans 12:1; 2 Timothy 2:23-26

Notes: _____

III. Application for Today

➤ **Daily Identity Reminder**

- Each day this week, remind yourself: *"I am chosen, holy, and beloved in Christ."*
- Let your obedience flow from your identity in Christ, not from pressure or performance.

➤ **Intentionally Put On**

- Practice one virtue intentionally: choose one quality from Colossians 3:12-14 (compassion, kindness, humility, gentleness, patience, forgiveness, or love) and practice it intentionally this week.

➤ **Let Christ Lead**

- Each day, pause and ask, *"What is ruling my heart right now—peace in Christ, or pressure from elsewhere?"*
- Read one short portion of Scripture (even a verse) and invite God's Word to shape your response.

➤ **Act In Christ's Name**

- Do One Ordinary Thing in Jesus' Name
- Choose one daily task—work, conversation, chore, or decision—and consciously do it in the name of the Lord Jesus, with gratitude.

IV. Big Idea

Once *Christ* changes our hearts *first*, our lives inevitably *follow*.

Closing Quote

"God is not after behavior modification; He is after heart transformation. Christianity is not about rules; it's about a relationship that changes how you live."

Tony Evans