



Bible Study

Wednesday, September 9, 2026

"How To Stay Calm in A Chaotic World"

This past Sunday, I preached a sermon entitled "A Firm Faith." In the sermon I focused on how Shadrach, Meshach and Abed-Nego were able to stay calm knowing they were about to be thrown into a fiery furnace! In like manner, God wants all Believers to realize that we can stay calm even though we live in a chaotic world.

I. God Wants Us to Stay Calm in A Chaotic World

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| 1. We have a God who calms the storms in our lives. | <i>Mark 4:39-40</i> |
| 2. A Believer of understanding has a calm spirit. | <i>Proverbs 17:27</i> |
| 3. God has not given Believers a Spirit of fear. | <i>2nd Timothy 1:7</i> |
| 4. Remember that God is always with us. | <i>Daniel 3:24-25</i> |

II. There Were Times When Jesus Felt Pressured and Distressed

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| 1. When Mary wept over the death of her brother Lazarus. | <i>John 11:32-33</i> |
| 2. When He contemplated dying on the Cross. | <i>Matthew 26:36-38</i> |
| 3. When He knew that Judas was about to betray Him. | <i>John 13:18-21</i> |

III. How To Stay Calm in A Chaotic World

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| 1. You must <u>Believe</u> in the right <u>Person</u> . | <i>John 14:1</i> |
| 2. You must <u>Believe</u> in the right <u>Place</u> . | <i>John 14:2</i> |
| 3. You must <u>Believe</u> in the right <u>Promise</u> . | <i>John 14:3</i> |
| 4. You must <u>Believe</u> in the right <u>Plan</u> . | <i>John 14:5-6</i> |

Brothers and sisters, it is possible to stay calm in a Chaotic World, however we must have A Firm Faith in God!