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Bible Study **Wednesday, October 14, 2026**

Dealing With Anxiety

At the end of this month, there will be a transition in leadership here at Franklin Avenue Baptist Church. After forty years we will be led by a new Senior Pastor. For many of us, if not all of us there will be anxiety with this transition. Therefore, in tonight's Bible Study, I will be teaching about Dealing with Anxiety by looking at another group of Believers going through anxiety because of their future.

I. Lessons About Anxiety from The Children of Israel

1. Anxiety disregards God's plan. *Numbers 13:1-2, 25-28*
2. Anxiety disobeys God's plan. *Numbers 13:30-33*
3. Anxiety disrupts God's plan. *Numbers 14:1-4*
4. Anxiety discourages God's people. *Numbers 14:5*
5. Anxiety dishonors God's plan. *Numbers 14:6-10*

II. How To Deal with Your Anxiety

1. Confront your anxiety honestly. *Psalm 139:23*
2. Confess your anxiety as sin. *Psalm 34:4*
3. Claim God's promises. *Isaiah 41:10*
4. Commit to have a closer relationship with God. *Numbers 32:10-12*
5. Commit your anxiety to the Lord. *Psalm 27:1*

Brothers and sisters, as we prepare for this transition in leadership, let us deal with our anxiety by putting our trust in God!