



HOUSTON, TEXAS CANCER SUPPORT RESOURCE GUIDE 2020

NATIONAL RESOURCES INCLUDED

Table of Contents

Section	Page
Caregiver Resources.....	4
Children & Young Adults.....	4
Counseling.....	4
Cultural & International Resources.....	5
Dietary and Meal Planning.....	5
Family & Social Services.....	5
Fertility & Reproduction.....	6
Financial Assistance.....	6
Home Health Care & Assisted Living.....	7
Hospice & Bereavement Support.....	7
Housing and Lodging.....	8
Insurance & Legal.....	8
LGBT Community Resources.....	9
Massage & Yoga Therapy.....	9
Medical Assistance.....	9
Medical Supplies, Wigs, Prosthetics.....	9
Other Cancer Resources.....	10
Reading Material.....	10
Support Groups.....	10
Transportation.....	11

Caregiver Resources

Family Caregiver Alliance

Website: www.caregiver.org
National Phone: 1-800-445-8106

National Family Cancer Association

Website: www.nfcacares.org
National Phone: 1-800-896-3650

Well Spouse Association

Website: www.wellspouse.org
National Phone: 713-992-5090

Children & Young Adults

American Childhood Cancer Organization

Website: www.acco.org
National Phone: 1-800-366-2223

Camp Kesem

(Free summer camp for children of cancer patients)

Website: www.campkesem.org
Local Phone: 979-314-4713

Cancercare for Kids

Website: www.cancercare.org
National Phone: 1-800-813-4673

Candlelighters Childhood Cancer Family Alliance

Website: www.candle.org
National Phone: 713-270-4700

Heroes for Children

(Providing financial assistance to families with children battling cancer)

Website: www.heroesforchildren.org
National Phone: 214-256-5824

MD Anderson (CLIMB)

(six week support group for children of cancer patients)

Website: www.mdanderson.org/climb
Local Phone: 713-792-6826

The Children's Treehouse Foundation

Support for children with a parent/caregiver who is dealing with cancer

Website: childrenstreehousefdn.org
Phone: 303-322-1202

Ronald McDonald House

Website: www.ronaldmcdonaldhousehouston.org
Local Phone: 713-795-3500

Snowdrop Foundation (Texas Children's Hospital)

Website: www.snowdropfoundation.org
Local Phone: 281-937-7293

The Sunshine Kids

Website: www.sunshinekids.org
Local Phone: 713-524-1264

Counseling

American Cancer Society

(Also offers Bereavement Support)

Website: www.cancer.org
Local Phone: 713-266-2877
National Phone: 1-800-227-2345

American Psychosocial Oncology Society

Website: www.apos-society.org
National Phone: 1-866-276-7443

Catholic Charities

See Family & Social Services Section

Family Services of Greater Houston

See Family & Social Services Section

Innovations Counseling and Consulting

(Counseling & Support Group for chronic pain or illness)

Website: www.innovationscounseling.com
Local Phone: 281-597-9291

Interface-Samaritan Counseling Center

(Sliding Scale Fee per session)

Website: www.interface-samaritan.org
Local Phone: 713-861-4849

Katy Area Counseling & Cancer Support Group

Therapist: Lee Ann Elvig
Local Phone: 713-805-5854

Mental Health America – Pro Bono
Counseling Program

Website: www.mhahouston.org
Local Phone: 713-523-8963

Mental Health America (The Guide)

(Various Counseling and Community Resources)
Website: www.mhahouston.org
Local Phone: 713-523-8963

Cultural & International Resources

Boat People SOS (BPSOS)

(Health and Wellness, Emergency services for
Vietnamese and immigrant persons)

Website: www.bpsos.org
Local Phone: 281-530-6888

Chinese Community Center

(Advocacy Program)

Website: ccchouston.org
Local Phone: 713-271-6100

Indian American Cancer Network (IACAN)

Website: www.iacannetwork.org
Local Phone: 713-370-3489

Jewish Family Services (Jewish Families)

Website: www.jfshouston.org
Local Phone: 713-667-9336

Light and Salt Association

(Programs and Resources for Asian Community)

Website: www.light-salt.org
Local Phone: 713-988-4724

Sisters Network, Inc.

(Breast Cancer Resources for African Americans)
(Assistance with co-pays, mammograms, and office visits)

Website: www.sistersnetworkinc.org
National Phone: 866.781.1808
Local Phone: 713-726-0207

Dietary and Meal Planning

Cooking for Chemo and After

(A self help guide that teaches you flavoring and cooking techniques that are proven to combat eating related chemotherapy side-effects)

Website: www.cookingforchemo.org
Email: cookingforchemo@gmail.com

Fort Bend Seniors Meals on Wheels

Website: www.fortbendseniors.org
Local Phone: 281-633-7049

Family & Social Services

Area Agency on Aging

(Provides federally-funded social services for the elderly in Harris County)

Website: www.houstontx.gov/health/Aging/
Local Phone: 832-393-4301

Catholic Charities of Greater Houston

(Counseling, food and basic needs, housing, immigrant & refugee services)

Website: www.catholiccharities.org
Local Phone: 713.961.3993

Christian Community Service Center

Website: www.ccschouston.org
Local Phone: 713-961-3993

Family Services of Greater Houston

Website: www.FamilyHouston.org
Local Phone: 713-861-4849

Interfaith Ministries for Greater Houston

(Meals On Wheels & refugee services)

Website: www.imgh.org
Local Phone: 713-533-4900

United Way of Greater Houston

Texas Health & Human Services

Local Phone: 713-957-4357
Local Phone: 2-1-1
Food stamp eligibility: 713-767-2000

Fertility & Reproduction

Fertile Action

(Provides information and resources for family planning and fertility issues for women with Cancer)

Website: www.fertileaction.org
National Phone: 1-877-276-5951

Fertile Hope

(Reproductive information, support and Hope)

Website: www.fertilehope.org
National Phone: 1-855-220-7777

Hope for Two-The Pregnant with Cancer

(Resources for Women diagnosed with cancer during pregnancy)

Website: www.pregnantwithcancer.org
National Phone: 1-800-743-4471

Financial Assistance

Breast Cancer Freebies

Website: breastcancerfreebies.com

CancerCare

Website: www.cancercare.org
National Phone: 1-800-813-4673

CancerCare Co-payment Assistance Foundation

Website: www.cancercarecopay.org
National Phone: 1-866-55-COPAY

Cancer Financial Assistance Coalition

(Must contact by website)

Website: www.cancerfac.org

HealthWell Foundation

(Co-Pays for insurance premiums & some out of pocket health care costs)

Website: www.healthwell foundation.org
National Phone: 1-800-675-8416

Help Now Fund (Breast Cancer Resources)

(Financial assistance for rent and utilities)

Website: www.thebreastcancercharities.org
Local Phone: 1-936-231-8460

Hill-Burton Program

(Assistance with medical procedures)

www.hrsa.gov/gethealthcare/affordable/hillburton
National Phone: 1-800-638-0742

Livestrong Foundation

Website: www.livestrong.org
National Phone: 1- 855.220.7777

Leukemia and Lymphoma Society

Website: www.lls.org
National Phone: 1-800-955-4572

Lymphoma Research Foundation

(Provides financial help and additional financial resources)

Helpline: 800-500-9976
Email: helpline@lymphoma.org

Needy Meds

(Assistance with cost of medications)

Website: www.needy meds.com

Net Wish

(Must contact by website)

Website: netwish.org

OvarCare

(Financial assistance for women diagnosed with ovarian cancer)

Website: www.ovarcome.org
Email: info@ovarcome.org

Partnership for Prescription Assistance

(Prescription assistance)

Website: www.pparx.org

Patient Access Network Foundation

(Co-Pays for medications)

Website: www.panfoundation.org
National Phone: 1-866-316-7263

Patient Advocate Foundation

(Insurance and Health Care Access Assistance)

Website: www.patientadvocate.org
National Phone: 1-800-532-5274

Patient Assistance Program

(Co-Pays for meds)

Website: www.pparx.org
National Phone: 1-888-477-2669

Patient Services, Inc.

(Provides help with co-pays and insurance premiums)

Website: www.patientservicesinc.org
National Phone: 1-800-366-7741

Pink Door

(Financial assistance for women after cancer)

Website: www.pinkdoornonprofit.org

Prostate Cancer Foundation

(Offers a listing of financial resources related to prostate screening and treatment)

Website: www.pcf.org

RxAssist

(Prescription assistance)

Website: www.rxassist.org/patients

Susan G. Komen (Breast Cancer Resources)

Website: www.komen-houston.org
Local Phone: 713-783-9188
National Phone: 1-877-465-6636

The Carl McCain Foundation

(Financial Assistance Oil & Gas Industry Only)

Website: www.carlmccain.org

Home Health Care & Assisted Living

Amazing Grace Nursing Services

Website: www.agnursingservices.com
Local Phone: 713-484-7555

Angel's Corner Healthcare, Inc.

Local Phone: 832-277-1630
Local Phone: 832-473-3425

Brightstar Lifecare

Website: www.brightstarcare.com
Local Phone: 281-201-3700
National Phone: 1-866-618-7827

Cameo Caregivers

Website: cameocaregivers.com
Local Phone: 713-682-7272
National Phone: 1-866-454-8346

CareTemps

Website: www.caretemps.com
Local Phone: 713-263-9440

Caring Hearts 24/7

Website: www.caringhearts247.com
Local Phone: 713-834-4733

Home Instead Senior Care

Website: www.homeinstead.com
Local Phone: 832-379-4700

Personal Homecare Services, Inc.

Website: www.personalhomecare.net
Local Phone: 979-297-9191
National Phone: 1-877-336-8042

Professional Caretakers, Inc.

www.professionalcaretakers.com
Local Phone: 1-877-921-9500

Sheltering Arms Senior Services

Website: shelteringarms.org
Local Phone: 713-667- 9400

Synergy HomeCare

Website: www.synergyhomecare.com
Local Phone: 713-271-0481
Local Phone: 281-999-2273
National Phone: 1-877-502-3433

The Hallmark Retirement & Assisted Living

Website: www.thehallmark.org
Local Phone: 713-622-6633

Hospice & Bereavement Support

A Med Community Hospice

Website: www.amedhomehealth.com
Local Phone: 409-935-7901

Bo's Place

(Grief support for children and families)

Website: bosplace.org
Local Phone: 713-942-8339

Grief Share

(Support group for people who are grieving)
Website: www.griefshare.org
National Phone: 1-800-395-5755

Houston Hospice

(www.houstonhospice.org)
Local Phone: 713-467-7423
Local Phone: 713-461-2441

Odyssey HealthCare of Houston

Website: www.odyssey-healthcare.com
Local Phone: 713-592-5600
National Phone: 1-888-592-5600

Housing and Lodging

Aishel House

Website: www.aishelhouse.org
Local Phone: 713-522-2004

Church Apartment Ministry

Website: www.churchapartmentministry.org
Local Phone: 713-524-2640

Cinco Charities-The Ballard House

Website: www.TheBallardHouse.org
Local Phone: 281-717-4670

Faith House

(Faith Lutheran Church)
Website: www.FaithHouseHouston.org
Local Phone: 713-664-3048

Halo House Foundation

(Short term housing to blood cancer patients
Leukemia, Lymphoma & Myeloma Patients)
Website: www.halohousefoundation.org
Local Phone: 713 665-8852-

Hope Lodge

Website: www.cancer.org
Phone: 800-227-2345

Hospitality Apartments

Website: www.hospitalityapartments.org
Local Phone: 713-790-9120

Housing near Texas Medical Center

Website: texasmedicalcenter.org/lodging

Joe's House

(online lodging guide for cancer patients)
Website: www.joeshouse.org
National Phone: 1-877-563-7468

Lifeline Chaplaincy

(Funds for hotel rooms)
Website: lifelinechaplaincy.org
Local Phone: 713-524-1055

MD Anderson Guide (online)

www.mdanderson.org/patient-and-cancer-information/guide-to-md-anderson

Insurance & Legal

Cancer Legal Resource Center (CLRC)

(Legal Resource Center)
www.cancerlegalresourcecenter.org
National Phone: 1-866-843-2572

EEOC

(Preventing Employment Discrimination)
Website: www.eeoc.com
Mr. Joe Bontke 713-209-3436
National Phone: 1-800-669-4000

Lone Star Legal Aid

Local Phone: 713-652-0077

Medicare & Medicaid

Website: www.cms.hhs.gov
National Phone: 1-877-267-2323

Patient Advocate Foundation

(Legal/Insurance)
Website: www.patientadvocate.org
National Phone: 1-800-532-5274

Social Security Disability

Website: www.ssa.gov
National Phone: 1-800-772-1213

Texas Young Lawyers Association (TYLA)

(Legal/Insurance)

www.tyla.org/pdfs/cancerguide06.pdf

www.texaslawhelp.org

National Phone: 1-800-622-2520

LGBT Community Resources

First Unitarian Universalist Church of Houston

(Support Groups)

www.firstuu.org

Local Phone: 713-526-5200

St. Paul's United Methodist Church

(Support Groups)

www.stpaulshouston.org

Local Phone: 713-528-0527

Massage Therapy/Exercise

Balanced Thru Bodywork Yoga

(Free oncology massage therapy to cancer patients)

Nelson Reyes 239-839-9518

Local Phone: 281-719-0964

Chair Yoga for Cancer Survivors & Caregivers

(Memorial Hermann Memorial City)

Local Phone: 713-222-2273

LIVESTRONG at the YMCA

(Free exercise program after cancer diagnosis)

Contact your local YMCA for more information

Yoga for Cancer Survivors & Caregivers

(Memorial Hermann Southwest)

Local Phone: 713-456-4028

Medical Assistance

Hope Clinic

(Low cost medical procedures)

Website: www.hopechc.org

Local Phone: 713-773-0803

San Jose Clinic

(Low cost medical procedures)

Website: www.sanjoseclinic.org

Local Phone: 713-228-9411

The Rose

(Breast cancer resources)

Website: www.the-rose.org

Local Phone: 281-484-4708

Mobile Mammography: 281-464-5136

Medical Supplies, Wigs, Prosthetics

Duke Medical Equipment

Website: www.dukemedicalequipment.com

Local Phone: 1-888-329-1338

First Class Medical Equipment and Supply, Inc.

Website: www.firstclassmedical.com

Local Phone: 713-696-9363

Gayla's Wig

Website: www.gaylawigs.com

Local Phone: 281-782-1555

Knitted Knockers

Provides knitted prosthetics for mastectomy patients.

Website: www.knittedknockers.org

Ostomy Houston

Website: www.ostomyhouston.org

Local Phone: 281-493-5015

Second Silhouette

(Mastectomy Boutique)

Phone: 1-800-747-5999

Tender Loving Care

(Wigs & Wraps)

Website: www.tlcdirect.org

Phone: 1-800-850-9445

THAIR for You

(Free wig, cut and styled)

Website: visiblechanges.com/thair-for-you

Phone: 713.984.8800

Wig Out

(Free wigs)

Website: www.wigout.org

Phone: 832-706-0888

Womens's Health Boutique

(Wigs, Turbans, Bras, Prosthetics)

Local Phone: 281-895-6954

Local Phone: 281-531-6582

Y-Me

Website: www.y-me.org

National Phone: 1-800-221-2141

Other Cancer Resources

National Cancer Institute

Website: www.cancer.gov

Local Phone: 1-800-422-6237

Senior Guidance Directory

Website: www.srguidance.org

Local Phone: 713-529-9991

Texas Cancer Information

Website: www.texasccancer.info

Local Phone: 713-792-2277

Reading Material

From Incurable to Incredible

Author: Tami Boehmer

www.tamiboehmer.com/about-the-book/

This book features 27 cancer survivors who were given a terminal diagnosis, but shocked everyone by thriving years past their prognosis

Mature Beyond their Years: The Impact of Cancer on Adolescent Development

Author: Tami Boehmer

www.tamiboehmer.com/about-the-book/

Steps to Healing and Wellness: Establishing a New Game Plan for Patients Facing Severe Health Challenges

Author: C. Malcolm Hendry, Ph. D.

Contact CanCare for more information, 888-461-0028

Support Groups

American Brain Tumor Association

Website: www.abta.org

National Phone: 1-800-886-2282

American Cancer Society

Website: www.cancer.org

Local Phone: 713-266-2877

National Phone: 1-800-227-2345

American Lung Association

Website: www.breathehealthy.org

Local Phone: 713-629-5864

National Phone: 1-800-548-8252

Brain Tumor Support Group Memorial Hermann

Meets the 2nd Wednesday of the month at 6:00pm, 6411 Fannin, Houston, TX 77030 3rd Floor Conference Room A

Local Phone: 713-222-2273

CancerCare

(Free online support)

Website: www.cancercare.org

National Phone: 1-800-813-4673

Cancer Compass

(Free online support community and message board)

Website: www.cancercompass.com

Cancer Hope Network

(Free online support group and one-on-one support)

Website: www.cancerhopenetwork.org

National Phone: 1-800-552-4366

Cancer Support Community

(Free online support)

Website: www.cancersupportcommunity.org

National Phone: 1-888-793-9355

CareFlash

(Free website to keep family and friends informed)

Website: www.careflash.com

Phone Number: 512-368-5421

Caringbridge

(Free website to keep family and friends informed)

Website: www.caringbridge.org

Phone Number: 1-651-452-7940

Colon Cancer Alliance

Website: www.ccalliance.org
National Phone: 1-877-422-2030

Conversations

(Online Ovarian Support Group)

Website: www.ovarian-news.org
National Phone: 210-401-1604

Houston Area Brain Tumor Support Group

(MD Anderson Cancer Center)

Local Phone: 713-794-1777

Leukemia & Lymphoma Society

Website: www.leukemia-lymphoma.org
Local Phone: 713-680-8088
National Phone: 1-800-955-4572

MD Anderson (Anderson Network)

(Short-term one-on-one match & online support)

Local Phone: 713-792-2553
National Phone: 1-800-345-6325

Memorial Hermann Support Groups

www.memorialhermann.org/servicesandprograms/supportgroups

Local Phone: 713-222-2273

Neuro Circle Support Group The Methodist Hospital

www.methodistneuroinstitute.com

Local Phone: 713-441-3800

Reconstruction of a Survivor

(Breast Cancer Support Group)

Website: www.roasurvivor.org
Local Phone: 713-741-4422

St. Luke's Episcopal Hospital Support Groups

Website: www.st.lukestexas.org
Local Phone: 832-355-1000

The Methodist Hospital Support Groups

Website: www.houstonmethodist.org
Local Phone: 713-790-3311

The Oral Cancer Foundation

Website: www.oralcancer.org
Phone Number: 949-646-8000

The Rose Support Groups

(Breast Cancer Support)

Website: www.rosebudssupport.org
Local Phone: 281-580-4972
Local Phone: 713-665-2729

US Too – Prostate Cancer Support

Website: www.ustoo.com
Local Phone: 713-972-0840

Transportation

American Cancer Society

Website: www.cancer.org
Local Phone: 713-266-2877
National Phone: 1-800-227-2345

American Red Cross

Local Phone: 713-313-1631
Harris & Fort Bend Counties
Local Phone: 281-282-6039 Clear Lake
Local Phone: 281-424-1300 Baytown

Corporate Angel Network

Website: www.corpangelnetwork.org
National Phone: 914-328-1313

Grace Flight of America

Website: www.graceflight.org
Local Phone: 972-755-0433
National Phone: 888-500-0433

HERO (Helping Elderly Residents Out)

Local Phone: 713-932-3996

Houston Ground Angels

(Provides transportation from local airports to Texas Medical Center for out of town patients)
Local Phone: 281-348-9103

Lifeline Chaplaincy

(Funds for parking and some transportation costs)
Website: lifelinechaplaincy.org
Local Phone: 713-524-1055

Metro Lift

Website: www.ridemetro.org
Local Phone: 713-635-4000
Dispatch: 713-225-0410
Customer Service: 713-225-0119

Volunteer Houston

Website: www.volunteerhouston.org
Local Phone: 713-965-0031

Volunteer Interfaith Caregivers-SW

(Transportation in SW Houston area to elderly)

Website: www.vic-sw.org
Local Phone: 713-772-8181