

# Join our Teacher Cohorts

Visit [SelfNOLA.org](http://SelfNOLA.org) to sign up for an Information Session or to apply.

## WHAT

SELF's Teacher Cohorts offer specialized training with the opportunity for microcredentials for general education teachers, special education teachers and interventionists creating a pipeline for future teacher leaders.

## DEETS

### Cohorts

- **Foundations of Reading:**  
Concrete Strategies to Increase Access for All Learners
- **Foundations of Mathematics:**  
Concrete Strategies to Increase Access for All Learners
- **Self-Contained Classrooms through an Equity Lens:**  
Actionable Plans to Maximize Each Child's Potential
- **Supporting Behavior through a Trauma-Informed Lens:**  
Learn to Write and Implement Behavior Improvement Plans
- **Special Education 101:**  
Best Practices for New Special Education Teachers
- **Building an Inclusive Classroom:**  
Best Practices for General Education Teachers

“

Following creation and implementation of a trauma-informed behavior plan my student has responded more appropriately to his classmates and is completing more work. He went from failing three classes in the 1st semester to passing all of his classes.”

—*Alumni of Supporting Behavior through Trauma Informed Lens*

**98%**

of teachers agreed the content was **relevant and useful** in their roles.

E-mail Jeffrey at [jrothschild@selfnola.org](mailto:jrothschild@selfnola.org) to learn more information.





# FAQ: Teacher Cohorts

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## Participant Experience

### Who is this program for?

SELF's Teacher Cohorts offer virtual specialized training for teachers working with students with exceptionalities and create a pipeline for future leadership. We have expanded the eligibility requirements to include general education teachers and paraprofessionals and deepened the subject matter in response to COVID's impact on all teachers and students.

### Why should you do it?

98% of participants agree the trainings are relevant and useful for their roles. Participating teachers receive individualized feedback on artifacts as well as training while developing cohorts of peers across multiple schools.

### Who facilitates the trainings?

Every training is facilitated by our experienced programming team. Each of the programmatic staff members were successful teachers, coordinators, school leaders, and/or district staff members.

### How many teachers are in each cohort?

### What's the facilitator to participant ratio?

Cohorts of teachers are between 10 to 25 teachers. We limit the number of teachers who may participate to allow teachers to have a cohort experience. Each training will have a facilitator and a producer to assist with technology.

### How are training sessions delivered?

The training sessions are delivered synchronously over Zoom. Cohort participants will actively participate in break out groups with other cohort members.

### I missed the session. Can you provide a recording?

There are no recorded sessions. We believe it is important for teachers to participate to gain completely from the experience, and we believe in creating a space where teachers feel comfortable in sharing.

### Will participants receive access to the materials?

Yes! Participants will receive relevant materials prior to each session. Teachers will also receive relevant and useful resources through our monthly newsletter.

### Are workshops applicable to all my teachers?

Based on feedback from national partners, SELF has curated six programs for teachers for 2022-2023. Each year we seek feedback from participants in the field about what curricula would serve their teachers and students best.

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## Registering

### Who can pay for a teacher cohort?

Teacher Cohorts are designed to be paid for by schools, districts, charter management organizations, or groups that support education.

### When are cohorts scheduled to begin?

Cohorts are 10 month experiences and begin every August and last until May.

### I'm a teacher—can I register for a cohort on my own?

Yes! We have teachers who register and pay for the workshops.

### How much do cohorts cost?

The entire cohort experience costs \$4,000.

## Preparation & Follow Up

### How should leaders prepare their staff for a Teacher Cohort?

The most important preparation is being on time and present for each training session. All sessions provide teachers time to reflect and plan their action items for which they will receive individualized feedback.

### Do you provide continuing education credit hours?

Teachers in every cohort except SpEd 101 may earn up to four microcredentials.

### Do you provide certificates of completion?

Yes, each teacher will receive a certificate of completion.

### How should leaders extend the learning, after the workshop is over?

Successful school leaders have partnered with SELF to create professional learning communities for teachers to continue their learning.

### What are some ways schools can partner with SELF?

Schools have enrolled cohorts of teachers with a particular program and then created Professional Learning Communities specifically for these cohorts. Schools may also contract with SELF for follow up trainings, development, and walkthroughs related to the Teacher Cohort trainings.

## General Questions

### I don't see the content my school/organization needs. Can you tailor content to our needs?

Absolutely. SELF provides customized trainings for school teams focused on building an inclusive classroom using Universal Design for Learning (UDL), creating Multi-Tiered Systems of Supports (MTSS), supporting behavior through a trauma-informed lens, mastering accommodations and modifications, self contained classrooms through an equity lens, and building structures for Multilingual Learner (MLLs).

### I'd like to speak to a team member to learn more about the content—how do I do that?

Of course. Send us an email at [info@selfnola.org](mailto:info@selfnola.org) with your question, and we will respond shortly.