



# Guide for Retirees

As a retired member of the Teachers' Retirement System of Louisiana (TRSL), you may have questions about your benefits and the retirement laws and regulations that apply to you. In this guide, you will find important information that will answer many of those questions. If you have specific questions, please don't hesitate to contact us.

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*The information in this booklet is subject to change and is not a substitute for Louisiana law concerning TRSL.*

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## When are my benefits posted?

Since 2002, TRSL has been required to pay your monthly benefit by direct deposit. Direct deposit is the safest, fastest, and most convenient way for you to receive your TRSL benefit. With direct deposit, retirement benefits are made available for deposit directly into your checking or savings account.

- **For regular retirement benefits:** TRSL makes regular retirement benefits, including estimated benefits, available for deposit directly into your checking or savings account on the first of each month.
- **For DROP/ILSB withdrawals:** DROP/ILSB withdrawals are made available for deposit directly into your checking or savings account on the 15th of each month.

However, when the first (or the 15th for DROP/ILSB withdrawals) of the month falls on a weekend or a holiday, some financial organizations post the direct deposit to your account the next business day. If you need account information regarding the posting of your payment, please contact your financial organization.

***IF YOU RECEIVE A PAPER CHECK:*** TRSL delivers checks to the U.S. Postal Service for mailing on the last business day of the month. (For DROP, checks are delivered to the postal service on the last business day before the 15th of the month). If you do not receive your paper check by the fifth business day after we have mailed it, contact TRSL to request a stop-payment order on the original check and have it re-issued.

### Need a payment stub?

View your direct deposit payment stubs online with **Member Access** at [www.TRSL.org](http://www.TRSL.org).

**TRSL prints and mails payment stubs in the following instances:**

1. When direct deposit requests are established
2. When the net benefit amount changes
3. Once a year in December



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# Updating my direct deposit information

Direct deposit forms are available at [www.TRSL.org/forms](http://www.TRSL.org/forms):

## For regular retirement benefits:

*Submit to TRSL a **Direct Deposit of Benefits (Form 15D)**.*

- TRSL must receive your direct deposit form by the 15th of the month to ensure the change is effective for next month's payment.

## For DROP/ILSB account withdrawals:

*Submit to TRSL a **Direct Deposit of DROP or ILSB Account Withdrawals (Form 11R)**.*

- If TRSL receives your DROP/ILSB direct deposit form by the last day of the month, your next month's DROP or ILSB withdrawal will be sent electronically to your new financial institution.

TRSL sends a letter confirming the direct deposit form was processed. If you do not receive a confirmation letter, check with your new financial institution on the first working day of the month for regular retirement benefits, (or the 15th of the month for DROP/ILSB withdrawals) before assuming the direct deposit form was not processed in time for your benefit to be sent electronically.

If you receive multiple benefit payments, indicate the specific account you wish to update. If you do not make a selection, the change will be applied to all benefit payments (excluding DROP/ILSB account withdrawals).

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# Income tax information

Each January, TRSL will mail you an annual tax statement called a Form 1099-R. You'll need it when filing your income tax return.

If you haven't received your Form 1099-R by February 15, or if you have questions, please contact TRSL.

You can also access your 1099-R information online through TRSL's Member Access. See page 11 for more information about Member Access.

## Understanding your Form 1099-R

Form 1099-R shows your name, address, and the last four digits of your Social Security number, along with the gross amount of benefits paid to you, the amount of deductions (if any) for federal tax withholding, and any nontaxable payments you may have received during the previous year. Some boxes are not applicable to TRSL.

Refer to the definitions and the sample form on the next page for more information about Form 1099-R.

- **Box 1 – Gross distribution.** Shows the total amount you received during the calendar year.
- **Box 2a – Taxable amount.** Shows the taxable portion of the benefits you received during the calendar year.
- **Box 4 – Federal income tax withheld.** This is the amount of federal income tax withheld from the taxable amount in Box 2a.
- **Box 5 – Employee contributions/Designated Roth contributions or insurance premiums.**
  - » **If you have an amount in Box 5** – This is the tax-free amount of the retirement benefit you received during the calendar year. It is not the amount of your insurance premium. This amount is the difference between the Gross distribution in **Box 1** and the Taxable amount in **Box 2a**.

The tax-free amount includes a portion of the retirement contributions you paid that were already taxed. Because you already paid taxes on the amount in Box 5, you don't have to pay them again.

» **If you don't have an amount in Box 5** – This means that you no longer have any tax-free contributions. Some disability retirees won't have an amount in Box 5 because they aren't eligible to recover their tax-free contributions until they would reach normal retirement age.

- **Box 7 – Distribution code(s).** This code identifies the type of benefit you received. Code descriptions are listed on the back of Form 1099-R.

Example of a Form 1099-R					
www.irs.gov/form1099-r					
<b>Form 1099-R</b>		<input type="checkbox"/> CORRECTED (if checked)	OMB No. 1545-0119 <b>2022</b>		
<b>1</b> Gross distribution		<b>2a</b> Taxable amount		Distributions From Pensions, Annuities, Retirement or Profit-Sharing Plans, IRAs, Insurance Contracts, etc.	
\$		\$			
<b>2b</b> Taxable amount not determined		Total distribution			
				FATCA filing requirement	
PAYER'S name, street address, city or town, state or province, country, and ZIP or foreign postal code					
PAYER'S federal identification number					
RECIPIENT'S identification number					
<b>3</b> Capital gain (included in box 2a)		<b>4</b> Federal income tax withheld		<b>5</b> Employee contributions / Designated Roth contributions or insurance premiums	
\$		\$		\$	
<b>6</b> Net unrealized appreciation in employer's securities		<b>7</b> Distribution code(s)		<b>IRA/ SEP/ SIMPLE</b>	<b>8</b> Other
\$					\$
<b>9a</b> Your percentage of total distribution		<b>9b</b> Total employee contributions			
		% \$			
RECIPIENT'S name, street address (including apt. no.), city or town, state or province, country, and ZIP or foreign postal code					
Account number (see instructions)					
<b>11</b> 1st year of desig. Roth contrib.		<b>10</b> Amount allocable to IRR within 5 years			
		\$			
<b>12</b> State tax withheld		<b>13</b> State/Payer's state no.		<b>14</b> State distribution	
\$				\$	
<b>15</b> Local tax withheld		<b>16</b> Name of locality		<b>17</b> Local distribution	
\$				\$	
<b>Copy C For Recipient's Records</b>					
This information is being furnished to the Internal Revenue Service.					
(keep for your records)					
Department of the Treasury Internal Revenue Service					

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# Will my benefit increase?

## Permanent Benefit Increase (PBI)

A permanent benefit increase (PBI), commonly referred to as a cost-of-living adjustment (COLA), is normally payable to eligible retirees and beneficiaries on July 1, subject to TRSL Board of Trustees' recommendation and legislative approval, as long as there are sufficient funds in the TRSL Experience Account (an account that holds funds dedicated to PBIs) and all applicable criteria have been met.

## PBI funding

The Experience Account is credited with up to 50% of TRSL's excess investment earnings, after a portion of excess earnings have been applied to the unfunded accrued liability (UAL). The dollar amount of excess earnings dedicated to the UAL increases by any percentage increase in TRSL's actuarial value of assets.

## Amount of PBI

The amount of a PBI is determined by the TRSL funding percentage, TRSL's actuarial rate of return, and the Consumer Price Index for All Urban Consumers (CPI-U). Under current law, a PBI can only be given if a combination of conditions is met. A PBI **will not** be given in the following situations:

- When there is no increase in the CPI-U
- When the balance in the Experience Account is not sufficient to fund a PBI
- If TRSL does not earn its actuarial rate of return and is less than 80% funded
- When a PBI was granted in the previous year and TRSL is less than 85% funded

Retirees will be notified of possible PBIs through TRSL's *Retirees* newsletter that is published and mailed to retirees twice a year (June and December).

For more information, visit [www.TRSL.org](http://www.TRSL.org):

- Subscribe to eNews and receive TRSL updates delivered straight to your inbox.
- Get specific information regarding the amount of PBIs.



## Eligibility

The following requirements must be met on or before July 1 of the year the PBI is effective.

- **Regular retiree:** Must have received a benefit for at least one year and be 60 years of age.
- **Retiree receiving a disability benefit:** Must have been retired at least one year regardless of age.
- **Beneficiary of a retired member:** Retiree or beneficiary (or both combined) must have received a benefit for at least one year, and the deceased retiree would have been 60 years of age at the time the PBI is payable.
- **Survivor (non-retiree beneficiary of a non-retired member):** Must have received a benefit for at least one year, and the benefits must have originated from the service of a deceased member who would have been 60 years of age at the time the PBI is payable.

## PBI amount limits

PBIs are calculated only on the first \$60,000 of a retiree's annual retirement benefit. The \$60,000 limit is increased each year in an amount equal to the increase in the CPI-U for the preceding year, if any.

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# Beneficiary payments

## Death of a retiree

TRSL should be notified immediately of a retiree's death. Beneficiaries can then take the necessary steps to apply for benefits that may be due from TRSL.

TRSL retiree benefits paid on the first of each month are benefits the retiree is eligible to receive for the entire month. Benefits paid on the first of the month after a retiree's death must be returned to TRSL.

Having been named a beneficiary does not entitle a family member to the retiree's monthly benefit check. Beneficiary payments are totally separate from the monthly benefit check paid to a retiree. Anyone cashing or depositing a monthly benefit check after the retiree's death may be subject to criminal prosecution or a civil suit to recover the funds.

A copy of the retiree's death certificate and birth certificates of any minor or other eligible children should be sent to TRSL. Monthly benefits to any eligible beneficiary(ies) will be effective the first day of the month following the death of the retiree.

*NOTE: A member can create a trust for his or her minor children so that any benefits due the minor children after the member or retiree dies can be paid into the trust for the benefit of the minor children. A trust must be established while the member is alive and approved by TRSL's Legal Department. The legal authority for this is found in La. R.S. 11:762 (J) and 11:783(K).*

Find more detailed information about survivor benefits and eligibility in TRSL's publication, *Death and Survivor Benefits*, at [www.TRSL.org](http://www.TRSL.org).



# Returning to work after retirement

If you're thinking about returning to work in a position eligible for TRSL membership, including employment by contract or corporate contract, it's important to understand the state's return-to-work (RTW) laws, which apply to you based on your *retirement date*. If you return to work, your retirement benefit can be impacted based on the group you fall under.

## 2010 RTW Group

*If you meet the criterion below, you are subject to La. R.S. 11:710.*

- Retired before July 1, 2020, including those considered part of the grandfathered group (retired before July 1, 2010)

*NOTE: Some individuals who retired before July 1, 2020, are in the 2020 RTW Group because the date of their first reemployment was on or after July 1, 2020. Under Acts 549 and 601 of 2022, these individuals can now elect to transfer to the 2010 RTW Group. The transfer is not available to anyone who previously exercised an option to transfer from the 2010 RTW Group to the 2020 RTW Group. Retirees in the special transfer group who elect to transfer from the 2020 RTW Group to the 2010 RTW Group cannot transfer back to the 2020 RTW Group until July 1, 2027.*

## 2020 RTW Group

*If you meet either of the criteria below, you are subject to La. R.S. 11:710.1.*

- Retired on or after July 1, 2020
- Meet criteria for the 2010 RTW Group, but make an irrevocable decision to be in the 2020 RTW Group

## 2022 RTW Group (*higher education ONLY*)

*If you meet the criteria below, you are eligible to be covered by La. R.S. 11:710.2.*

- Retired before July 1, 2020; and
- Are at least age 62; and
- Have at least 30 years of creditable service; and
- Are directly employed as an adjunct professor, as defined in La. R.S. 11:710(A)(1), in a nursing program at a public post-secondary education institution where a critical shortage exists



**Find more detailed information about RTW laws in TRSL's publication *Returning to Work after Retirement* available at [www.TRSL.org](http://www.TRSL.org).**

# DROP/ILSB interest rates

DROP/ILSB accounts become eligible to earn interest once your DROP participation ends or you take an ILSB retirement. Interest rates are determined by when the member was first eligible to participate in DROP/ILSB.

## Eligible to participate in DROP/ILSB prior to January 1, 2004:

These accounts earn 0.5% less than TRSL’s actuarially realized rate of return. Interest is posted to the DROP/ILSB account once a year, usually in the first quarter of the calendar year (January-March). No interest is lost because of the delayed posting.

## Eligible to participate in DROP/ILSB on or after January 1, 2004:

These accounts earn interest at the liquid asset money market rate less a 0.25% administrative fee. Interest is posted monthly and is based on the balance in the account for that month.

## DROP/ILSB account statements

Statements can be accessed through TRSL’s secure online Member Access at [www.TRSL.org](http://www.TRSL.org). Online DROP statements are available to all members who have balances in their accounts.

## Interest rates on DROP accounts

Fiscal Year ended June 30	DROP interest rates	
	Members eligible prior to Jan. 1, 2004	Members eligible on or after Jan. 1, 2004
2022	8.46%	0.1000%
2021	12.15%	0.0000%
2020	6.30%	1.0797%
2019	6.98%	1.8940%
2018	8.98%	0.9538%
2017	8.65%	0.2214%
2016	6.17%	0.5950%
2015	10.76%	0.0000%

The full history of DROP interest rates is available at [www.TRSL.org](http://www.TRSL.org).

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# How can I view or update my account info?



TRSL's **Member Access** gives you secure, online access to your TRSL retirement account information.

**Register today at**  
[\*\*\*www.TRSL.org\*\*\*](http://www.TRSL.org).

## With Member Access you can:

- View your benefit summary that includes your employment history, service credit, and benefit information.
- View your account history with your years of service, contributions, and earnings.
- View your benefit payment history showing monthly payment details.
- View your DROP account summary and payment history, if you receive a DROP payment.
- Request a Social Security verification letter.
- Access your member account statements from the years you contributed to TRSL.
- Estimate withholding changes.
- Update your email address.
- View and print your Form 1099-R.
- Generate and print an income verification letter.

*NOTE: Retirees who participated in DROP or worked part-time have different Member Access features. Contact TRSL for more information.*

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# Forms for retirees

## Change of address

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- *Change of Address Authorization (Form 2AC)*

## Updating direct deposit information

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- *Direct Deposit of Benefits (Form 15D)*
- *Direct Deposit of DROP or ILSB Account Withdrawals (Form 11R)*

## DROP & ILSB accounts

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- *DROP or ILSB Spousal Consent to Withdrawal Method (Form 11G-1)*
- *DROP or ILSB Retiree Withdrawal Method Selection — Use (Form 11J) if under age 73 by year end*
- *DROP or ILSB Retiree Withdrawal Method Selection — Use (Form 11N) if over age 73 by year end*
- *Direct Deposit of DROP or ILSB Account Withdrawals (Form 11R)*

## Beneficiary (designations by member)

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- *Change of Beneficiary for Option 1 Retiree (Form 3A)*
- *Beneficiary Designation for DROP and ILSB Accounts (Form 3B)*
- *Beneficiary Designation for Retiree Return-to-Work Employee Contributions (Form 3C)*

## Refunds

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- *Retiree Refund Application (Form 7A)*
- *Direct Deposit for Refund of Contributions (Form 7D)*

## Other retiree forms

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- *Affidavit for Power of Attorney (Form 15PA)*
- *Withholding Certificate for Nonperiodic Payments and Eligible Rollover Distributions (IRS Form W4R)*
- *Withholding Certificate for Periodic Pension or Annuity Payments (Form-W4P) (Please note: IRS Form W4P is not needed for the Form 11 DROP application).*
- *RTW of TRSL Retiree (Form 15ELEC)*
- *RTW of TRSL Retiree — Special Transfer Group (Form 15TR)*
- *Application for Return-to-Work (RTW) Supplement (11RTW)*

These (and all TRSL forms) are available at [www.TRSL.org/forms](http://www.TRSL.org/forms).

## Frequently asked questions

### **Does TRSL authorize outside, third-party vendors to provide retirement benefit information?**

Sometimes, TRSL members are contacted about their retirement benefits and income by companies or organizations that are not affiliated with TRSL. TRSL does not authorize or endorse any outside, third-party vendors to represent TRSL or provide TRSL retirement information to you. **Always contact TRSL for information about your TRSL benefits or retirement.** In the meantime, please keep the following information in mind if you are contacted about your TRSL benefits:

- Outside vendors are not affiliated with TRSL in any manner.
- TRSL staff will never come to your home or call you unsolicited to ask for your personal information.
- TRSL does not provide any information to third-party vendors.
- Individuals who rely on any information provided by third-party vendors with regard to TRSL benefits do so at their own risk.

### **How can I get a letter verifying my monthly retirement benefit?**

The most direct way to access an income verification letter is to log into Member Access and select "Print Income Verification Letter" from the "My Self Service" drop-down menu. Or you can request\* one by mail, email, phone, or fax (which can take at least two weeks).

### **How can I get a letter verifying my first eligibility date for Social Security purposes?**

You can request this letter through Member Access by selecting the "My Self Service" tab. Or you can request\* one by mail, email, phone, or fax.

*\*If you make your request by mail or fax, please be sure to include your signature and the last four digits of your Social Security Number.*

### **Who can I talk to about my health or life insurance?**

Your former employer or insurance carrier can assist you with health insurance questions. Although TRSL does process monthly insurance deductions at the request of retirees, we don't have the necessary information to answer any questions about your coverage or premiums.

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## Other TRSL publications:

- ***Returning to Work after Retirement.*** Find out if your TRSL benefit will be impacted if you decide to return to work.
- ***Community Property & TRSL Benefits.*** Louisiana is a community property state. Find out what this means for you and your TRSL retirement benefits.
- ***TRSL & Social Security Benefits.*** If you're counting on Social Security income in retirement, find out how certain federal laws could impact you.
- ***Death & Survivor Benefits.*** Learn about the benefits your loved ones may be eligible to receive in the event of your death.
- ***DROP/ILSB Account Withdrawals.*** Important information about the requirements for withdrawing funds from your DROP or ILSB account.
- ***Special Tax Notice Regarding TRSL Payments.*** Payments from TRSL may be subject to certain taxes. Find out how you may be affected.
- ***TRSL Member Handbook.*** An overview of your retirement plan.
- ***Designating a Beneficiary.*** Learn how to designate a beneficiary as well as basics on completing the beneficiary form.



### PLEASE NOTE!

We do not recommend sending confidential information, such as full Social Security numbers, to us by email.

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*Last revised March 2023*

This is an electronic document. The Teachers' Retirement  
System of Louisiana did not incur any printing costs.

# Questions about life after retirement?

## We're here to help!

**Physical address:**

8401 United Plaza Blvd, Ste 300  
Baton Rouge LA 70809-7017

**Mailing address:**

PO Box 94123  
Baton Rouge LA 70804-9123

**Telephone:** 225-925-6446

**Toll free (outside Baton Rouge area):**  
1-877-ASK-TRSL (1-877-275-8775)

**Questions:** [www.AskTRSL.org](http://www.AskTRSL.org)

**Web:** [www.TRSL.org](http://www.TRSL.org)

**Facebook:** [facebook.com/TRSLonline](https://facebook.com/TRSLonline)

**Twitter:** [@TRSLonline](https://twitter.com/TRSLonline)

**YouTube:** [youtube.com/TRSLonline](https://youtube.com/TRSLonline)

